

Protect Yourself This Winter

Get Your **FREE** School Flu Vaccine

*Vaccinated at school, protected for winter - an easy and convenient way for your child to receive their **free flu vaccine** during the school day.*



All secondary school students are being offered a **FREE** NHS flu vaccination this autumn.

- ✓ Offered during the school day
- ✓ All eligible year groups are invited
- ✓ Parents/carers will receive an email requesting consent before the vaccination session.

There are two vaccine options:

- **Nasal spray** (the preferred vaccine for most children)
- **Injectable flu vaccine** (gelatine free, available when appropriate)

Getting vaccinated helps reduce the spread of flu and protects those most at risk.

Look out for your consent email and complete it before your school's vaccination day.



For more information about vaccines:
www.schoolvaccination.uk