

# Hillingdon Mental Health Support Teams (MHST)

## Additional information on EMHP trainee host process

### Our MHST approach

The below provides a summary of the MHST W7 team in Hillingdon.

- One MHST team; creating 5 (including 1 additional trainee) Education Mental Health Practitioner (EHMP) posts.
- The three core functions of MHSTs are

Delivering evidence-based interventions for mild to moderate mental health issues

- Supporting the senior mental health lead in each school or college to introduce or develop their whole school or college approach.
- Giving timely advice to school and college staff and liaising with external specialist services, to help children and young people to get the right support and stay in education
- The year starting October 22, will be a training and development year during which we will work with you, children and young people and their families, and system partners to develop, review and refine our local MHST model.

### Education hosts for trainee EHMPs

The Education Mental Health Practitioner (EMHP) role is an exciting opportunity to deliver evidence-based early interventions for children and young people in educational settings.

From October 22 the EMHP trainees will undertake a year programme of academic training with UCL. As part of their training, they will work under supervision at their site to gain experience in educational settings.

This will enable them to gain the level of competence required to deliver high-quality, evidence-based early interventions for children and young people experiencing mild to moderate mental health problems in schools.



During this year, the MHST teams will have a reduced capacity due to the training commitment but they will still be able to support those schools in the first year as the supervision team will also be in post. Those schools hosting EMHPs will also be early adopters for our localised MHST model, and what the local offer will vary school to school based on local need.

### **The expression of interest process**

- 8<sup>th</sup> September 2022 Expression of interest process commences.
- Thursday the 30<sup>th</sup> September 22– Expression of interest process closes.
- You will be informed of the decision and rationale by Friday 14<sup>th</sup> October 2022.

We want to make this as fair, transparent and easy a process as possible recognising there is so many other pressures at this time. Throughout this process, the project team are always available for any questions you might have, and we will share updated FAQs throughout the process.

Please contact [jade.rolls@nhs.net](mailto:jade.rolls@nhs.net) and [kylee.brennan@nhs.net](mailto:kylee.brennan@nhs.net) if you require any further information or support.