

SERVICE SUPPLIERS LIST FOR HAYES, HARLINGTON & HARMONDSWORTH

BEREAVEMENT / COUNSELLING

Halo Childrens Foundation Bereavement Charity (Expressive arts, art therapy, counselling, weekly club, café)	225 The Chimes shopping Centre Uxbridge	07903 709 622 www.halochildrensfoundation.org.uk
Communicare Counselling Service		01895 256056
Cruse Bereavement support		0808-808 1677 (Helpline)
Care 2 Talk Counselling, programmes for men who use violence to change behaviour 18+, Mum and child programme to support from DV. 16+ Couples counselling.	Uxbridge	07564 016066 Info.care2talk@gmail
Mosaic LGBT Supporting education, counselling. Can do 1-1 at schools.	29-31 Hampstead Road, London	0800 161 5428 07550 124393 Info@mosaicyouth.org.uk
Harlington Hospice		020 87590453 enquiries@harlingtonhospice.org
Spectra Trans Counselling Service Social Groups 12+ Go into schools and face-face.		0800 5878302 020 33226923 counselling@spectra-london.org.uk

CHARITIES

Red Cross Locate missing family, help with refugees.		0344 871 1111 contactus@redcross.org.uk
Salvation Army Clothing, bedding, household goods. Family tracing	16b Cowley Road, Uxbridge, UB8 2LT.	01895-234088 – Bill (10-2pm) 0207 367 4747 family.tracing@salvationarmy.org.uk

School uniform/PE Kit – Janet Keene.		Janet.keene@salvationarmy.org.uk
Women's Centre - 9-5pm DV, Money & Benefits, Family Law, Housing, Immigration, Volunteering.	333 Long Lane, Hillingdon UB10 9JU	01895 259 578
Uxbridge United Welfare Trust Grants for people in need, house hold goods, school uniform, tuition costs etc.	Woodbridge House New Windsor Street Uxbridge UB8 2TY	01895 232976 enquiries@uuwt.org
The Baby Bank Baby equipment and clothes. Links for referrals. School Uniform	Maidenhead	The Baby Bank (Berkshire & Surrounding Areas) (google.com) The Baby Bank Uniform Request Form (google.com)
Hillingdon Somali Womens Group. (Frid 10-4pm)	12 East Avenue Hayes UB3 2HP	020 8573 8225 (Anab)
Austins Sewing Club Support Group	Raheela	07830 725515
Ear 4U Charity Support and advice	Anne Sargent	07890 315156 Annesargent@live.co.uk

CHILDRENS CENTRES

Yeading	Carlyon Road, Hayes UB4 0NR	01895 250360
Charville	Bury Avenue, Hayes UB4 8LF	01895 250104
Barra Hall	Barra Hall Park, Hayes UB3 2SA	01895 277877
Nestles Avenue	Nestles Avenue, Hayes UB3 4A	01895 558147
Pinkwell	Pinkwell Lane, Hayes UB3 1PG	01895 250533
McMillan Early Childhood Centre	Judge Heath Lane, Hayes UB3 2PD	0208 573 4427
Childcare Choices (Money towards childcare)		Childcarechoices.gov.uk www.hillingdon.gov.uk/freechildcare
Hillingdon Families Information Service		01895 556489 fis@hillingdon.gov.uk

CITIZENS ADVICE BUREAU / LEGAL

Citizens Advice Bureau Mon, Tues, Weds, Thurs 9.30 - 12.30	Botwell Green Library, East Avenue, Hayes UB3 2HW	0344 848 7903
Hillingdon Law Centre (Immigration, housing, family, employment Law)	12 Harold Avenue, Hayes UB3 4QW.	0208 561 9400 Info@hillingdonlawcentre.co.uk
MTG Solicitors (Family, immigration, housing law)	Warley Road 2 nd Floor Hayes UB4 0PX	020 8754 5577 If a victim of DA no mediation required for arrangement orders.

DENTISTS

Hayes Dental Clinic	87A Coldharbour Lane, Hayes UB3 3EF	0208 573 5899
Hayes Dental	115 Station Road, Hayes UB3 4BX	0208 573 3048
Dental Centre	130 Coldharbour Lane, Hayes UB3 3HB	0208 573 0026
My Dentist	9 Yeading Lane, Hayes UB4 0EL	0208 573 6910
Yeading Dental Care	1A Carlyon Road, Hayes UB4 0NR	0208 573 4210
Hillingdon Community Dental (Referral needed) https://www.whittington.nhs.uk/mini-apps/default.asp?page=Paediatric_Dentistry/Default.aspx	1 Redford Way Uxbridge UB8 1SZ	020 33168353 020 33168538 www.whittington.nhs.uk

DOMESTIC ABUSE

Hillingdon Independent Domestic Violence Advocacy (HIDVA)		0208 246 1745
Southall Black Sisters DV, Forced marriage, honour based violence, rape immigration, housing, homelessness, racism, crime, mental health, support groups	21 Avenue Road, Southall, UB1 3BL.	020 8571 9595 (General) 020 8571 0800 (Helpline) Info@southallblacksisters.co.uk Mon-Frid 9.30-4.30pm
Ashiana Network Safe house for women and girls of South Asian, Turkish and Middle Eastern Women. Age 16-35. Counselling, training programmes.		020 8539 0427 Info@ashiana.org.uk
Refuge Women and children fleeing dv.		0808 2000 247 (Helpline) 020 7395 7700 (Office) www.refuge.org.uk
Richmond Fellowship DVIP Domestic violence intervention Project. (When perpetrator not in home)	Based at Barra Hall	020 8748 8298 Dvip.therapy@richmondfellowship.org.uk
Victim Support Support for victims aged 4-17 who have been affected by crime.		0808 168 9291 (office) 0808 16 89111 (support) www.victimsupport.org.uk
HDAAS Hillingdon Domestic Abuse Service.	2 East	07874 620954 HDASS@hillingdon.gov.uk

FOODBANKS

St Anselm's Church Weds 12-2pm	Station Road, Hayes UB3 4DF	01895 252 224
St Edmund's Church Sat 10-12	Edmunds Close, Hayes UB4 0HA	01895 252 224

Hayes Life Oasis Centre	59 Carfax Road, Hayes UB3 4RD	01895 252 224
Foodbank Warehouse	30 Oxford Road, Uxbridge UB9 4DQ	01895 252224 07859 710747
Trussell Trust Food bank, grants for occupation, health, energy, religion		01722 580 180 Enquires@trusselltrust.org

GP

Cedar Brook Practice	11 Kingshill Close, Hayes UB4 8DD	0208 845 7100
Pine Medical Centre	Fredora Avenue, Hayes UB4 8RB	0208 432 8569
Yeading Court Surgery	1-2 Yeading Court, Masefield Lane, Hayes UB4 9AJ	0208 845 1515
Willow Tree Surgery	2 Jolly's Lane, Hayes UB4 9BG	0208 842 1024
The Warren Medical Centre	The Warren, Uxbridge Road, Hayes UB4 0SF	0208 573 2476
Parkview Surgery	60 West Drayton Road, Hillingdon UB8 3LA	0208 573 7674
Kingsway Surgery	Wood End Park, Judge Heath Lane, Hayes UB3 2PB	0208 756 4388
Townfield Doctors Surgery	34 College Way, Hayes UB3 3DZ	0208 5856573
Kincora Doctor's Surgery	134 Coldharbour Road, Hayes UB3 3HG	0208 813 5346
Hayes Town Medical Centre	52 Station Road, Hayes UB3 4DS	01895 486 020
Hayes Medical Centre	157 Old Station Road, Hayes UB3 4NA	0208 573 2037
North Hyde Practice	167 North Hyde Road, Hayes UB3 4NS	0208 573 8560
Shakespeare Health Centre	75 Shakespeare Avenue, Hayes UB4 0BE	0208 104 0780
Heathrow Medical Centre	1 St Peters Way, Harlington UB3 5AB	0208 754 1555
Glendale House Surgery	The Bungalow, 155 High Street, Harlington UB3 5DA	0208 897 8288
Orchard Practice	52 Station Road, Hayes UB3 4DD	01895 760 560

HEALTH & WELLBEING

Urgent Mental Health support 23/7 Crisis		0800 0234650
Papyrus Support struggling with Suicidal thoughts 9am-midnight.		0800 0684141 Text: 07860 039967
Kooth Online mental wellbeing with live chat.		Kooth.com
Beat Eating disorder or problem.		0808 801 0711 (under 18's) 0808 801 0811 (student)
Addiction, Recovery, Community Hillingdon (ARCH)	High street, Uxbridge	01895 207777
Coram Voice To get a child's voice heard in children in care, care leavers.		0207 833 5792 info@coramvoice.org.uk
Healthcare Watch Hillingdon		01895 272997
Hillingdon Mind Mental Health, support groups, counselling.		01895 271559
My Health Hillingdon Anxiety, Depression, Stress Management, Managing Diabetes Workshops, Talking therapies.	Key House 106 High Street West Drayton UB7 7BQ	01895 543437 nhswlccg.myhealth@nhs.net
H4All (Help for all) Long term health, volunteer hub, counselling, dementia befriending	Key House 106 High Street West Drayton UB7 7BQ	01895 543434 info@h4all.org.uk
Substance Use and Misuse or Sexual Health		01895 250721
P3 Support for parents. Benefits, Housing, Money Management, Health, Training, Employment, Health.	18e Fairfield Road, Yiewsley, West Drayton UB7 8EX	01895 436114 Hillingdon.referrals@p3charity.org
Health Visitor South East Team		01895 891302

Sexual Health and Wellbeing (KISS)		07563 399359 (Mon-Weds) 07931 546527 (Weds-Thurs) SHWB@hillington.gov.uk At P3 (Friday 3-5pm) Helen Baldwin 07931 546527
LGBTQ + Group (Weds 5:00-7:00pm) Age 11-13's.		07931 546527 (Helen)
Mosaic LGBT (Supporting education, counselling, Youth Club)	29-31 Hampstead Road London	0800 1615426 07550 124393 info@mosaicyouth.org.uk
U3a Hillingdon Interest groups to make new friends.		www.u3asites.org.uk/hillingdon
Remark UK (Deaf awareness and support for independence and travel etc).		020 8691 0210 Info@remark.uk.com
Speech & Language - CDC		01895 488200
My Choice (6 week course)	Support with diet and healthy eating.	01895-484900 www.cnwl.nhs.uk
Pants NSPCC	Advice and support to keep a child safe.	
Hillingdon Crisis Café Hillingdon Cove Café Mon-Sun 2-10pm	Haya Community Centre 90A East Avenue Hayes UB3 2HR	07827 535271 07469 855904
The Parenting Apart Programme Supporting parents going through conflict, divorce.		www.hillingdon.gov.uk/parenting-apart 01895-556006

HOUSING

YMCA Accommodation, Family Services, Health and Wellbeing, Training and Education, Support and Advice, activities, Youth Club.	Ventura House, 72-74 Station Road, Hayes UB4 3DQ	0208 832 1555 Ali Hall - 07971959513 alicehall@ymcaspg.org Alan Maphosa 07909 533912 alanmaphosa@ymcaspg.org
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Trinity Homeless Project Housing for the homeless, furniture at a reduced cost.	Redford House, Redford Way, Uxbridge UB8 1SZ	0208 797 9500 Hayes – 0208 7979505
Uxbridge United Welfare Trust White goods, housing (have to be on housing list)	Charter Place, Uxbridge UB8 2TY	01895-232976
LBH	Civic Centre, High Street, Uxbridge UB8 9SA	01895 250111 Emergency 01895 556666
P3 Navigator Advice Centre		01895 436114
Trinity Homes		0208 797 9500 Natalie 07971 469364

LEARNING / TRAINING / FINANCE

Adult Learning	www.hillingdon.gov.uk/adultlearning	01895 556455
School Admissions	www.hillingdon.gov.uk/schooladmissions	01895 556644
School Transport		01895 250008
School Truancy Hotline		01895 250858
Grow Project in Partnership with Belina Consultancy Ltd.		www.getreadyforwork.org
Burleigh College Help with qualifications, progressions into employment, apprenticeships, employment skills, CV.	Delivers the service in Hillingdon	020 87489898 info@burleighcollege.co.uk
DWP (Department for Work and Education) Helping to get back to work, CV writing	Based at Civic Centre	Robert Parsons
EACH (Enabling Change Rebuilding Lives) Training, education support, computer English classes, support anxiety and low mood for 25+ age.		020 8577 6059 Infoascent@eachcounselling.org.uk

Counselling for women and girls in DV.		
REAP (Refugees in Effective and Active Partnership) Workshops, Training for jobs in community for refugees and Asylum Seekers		01895 441530 07983 419388 (Mon-Thurs) Rachaporn@reap.org.uk
Turn2Us Financial support and help with benefits and debt		Turn2Us.org.uk
Job Centre Plus - Benefits, Claims, Universal Credit	Adam House, 818-820 Uxbridge Road, Hayes UB4 0RS	0800 169 0190/0800 055 6688 (new benefit claim)

LIBRARY

Botwell Green	East Avenue, Hayes UB3 2HW	01895 558633
Charville	Bury Avenue, Hayes UB4 8LF	01895 558296
Harlington	Pinkwell Lane, Hayes UB3 1PB	01895 556275
Hayes End	1346 Uxbridge Road, Hayes UB4 8JQ	01895 277043
Yeading	Yeading Lane, Hayes UB4 0EW	01895 556060

MOSQUES

Hillingdon Borough Central Mosque	Unit 1, Johnson Ind Est, Silverdale Road, Hayes UB3 3BA	0208 589 9055
Quba Masjid Hayes	Golden Crescent, Hayes UB3 1AQ	0208 150 9299
Hayes Muslim Centre	3 Pump Lane, Hayes Town, Hayes UB3 3NB	0208 561 7149

OPTICIANS

Specsavers	5-19 Botwell Lane, Hayes UB3 2AB	0208 756 4980
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Hayes Eye Clinic	814A Uxbridge Road, Hayes UB4 0RS	0208 561 1625
Boots Opticians	49 Station Road, Hayes UB3 4BE	0208 848 0337
Harrold Opticians	48 Station Road, Hayes UB3 4DD	0208 573 4400
Crockford Mills	9 East Avenue, Hayes UB3 2HW	0208 573 0822
Kaleyes	7 Marlborough Parade, Uxbridge Road, Uxbridge UB10 0LR	01895 232113
Vision Express (Tesco)	Tesco, Glencoe Road, Hayes UB4 9SQ	0203 911 2221

PARKS

BUS

Barra Hall Park	Freemans Lane, UB3 3NH	U4, H98, 195
Hayes End Community Park	Kings Way UB4 8HZ	H98
Lake Farm Country Park	Dawley Road, UB3 1EJ	A10, H50, U4, U5
Minet Country Park	Springfield Road UB4 0LL (at end of road)	?
Park Road Green	Park Road UB4 8JL	H98, 427, 607
Pinkwell Park	Access via: Pinkwell Lane/Carnarvon Drive/ Waltham Avenue UB3 1TF	U4
Warren Park	Corfe Close, Yeading, UB4 0XE	140, E6
Willow Tree Open Space	Glencoe Road, Yeading UB4 9BH	E6
Yeading Brook Meadows	The Greenway, Yeading UB4 9HR	E9, 90, 140

PLACES OF WORSHIP

Church of Kurtatism	128 Howell Common Road, Hayes UB3 1JD	None
Hayes Town Chapel – Evangelical	St Marys Road, Hayes UB3 2JP	0208 573 5200
St Anselm's Hayes	Station Road, Hayes UB3 4DF	0203 855 0113
Life Oasis Centre	59 Carfax Road, Hayes UB3 4RD	0208 573 3522

Hayes Spiritualist Society	James House, 11 Albert Road, Hayes UB3 4HR	None
Ramarghia Sikh Association	The Sikh Temple, Golden Crescent Hayes UB3 1AQ	0208 561 4084
The Church of St Nicholas – Anglican	The Vicarage, Raynton Drive, Hayes UB4 8BG	0208 573 4122
The Apostolic Church	Yeading Christian Fellowship, Willow Tree Lane, Hayes UB4 9BB	07876 027593
Baba Balk Nath Mandir	44 Coldharbour Lane, Hayes Town, Hayes UB3 3EP	0208 848 4831
Hayes End Methodist Church	Uxbridge Road, Hayes End UB4 8JW	0208 561 3061
Hayes Elim Christian Centre	Keith Road, Hayes UB3 4HP	0208 573 8148
Hayes Methodist Church	4 Station Road, Hayes UB3 4DA	0208 561 8827
Saint Mary's Church – Anglican	170 Church Road, Hayes UB3 2LR	None
The Baptist Church	136 Coldharbour Lane, Hayes UB3 3HG	0208 756 0651

PRIMARY SCHOOLS

Belmore Primary Academy	Owen Road, Hayes UB4 9LF	01895 462364
Botwell House Catholic Primary School	Botwell Lane, Hayes UB3 2AB	0208 573 2229
Brookside Primary School	Perth Avenue, Hayes UB4 9LW	0208 845 6634
Charville Academy	Bury Avenue, Hayes UB4 8LF	0208 845 1707
Cranford Park Academy	Phelps Way, Harlington UB3 4LQ	0208 573 3453
Dr Triplett's C of E Primary School	Hemmen Lane, Hayes UB3 2JQ	0208 573 1617
Grange Park Infant & Nursery School	Lansbury Drive, Hayes UB4 8SF	0203 886 0887
Grange Park Junior School	Lansbury Drive, Hayes UB4 8SF	0208 353 4265
Guru Nanak Sikh Academy	Springfield Road, Hayes UB4 0LT	0208 573 6085
Harmondsworth Primary School	School Road, Harmondsworth, UB7 0AU	0208 759 1718
Hayes Park School	Raynton Drive, Hayes	0208 573 6117

	UB4 8BE	
Heathrow Primary School	Harmondsworth Lane, Sipson, West Drayton 7 0JQ	0208 759 1628
Hewens Primary School	Hewens Road, Hayes, UB4 8JP	0208 573 1039
Lake Farm Academy	Botwell Common Road, Hayes UB3 1JA	0208 573 2622
Minet Junior School	Avondale Drive, Hayes UB3 3NR	01895 462 362
Minet Nursery and Infant School	Avondale Drive, Hayes UB3 3NR	0208 573 5177
Nanaksar Primary School	Springfield Road, Hayes UB4 0LT	0208 573 6085
Pinkwell Primary School	Pinkwell Lane, Hayes UB3 1PG	0208 573 2199
Rosedale Primary School	Wood End Green Road, Hayes UB3 2SE	0208 573 7103

SECONDARY SCHOOLS

Barnhill Community High School	Yeading Lane, Hayes UB4 9LE	0208 839 0600
De Salis Studio College	Wood End Green Road, Hayes UB4 8JP	0208 573 2097
Global Academy	The Old Vinyl Factory, 1 Record Walk, Hayes UB3 1DH	0203 019 9000
Guru Nanak Sikh Academy	Springfield Road, Hayes UB4 0LT	0208 573 6085
Harlington School	Pinkwell Lane, Harlington, Hayes UB3 1PB	0208 569 1610
Hewens College	Hewens Road, Hayes UB4 8JP	0208 573 1039
Parkside Studio College	Wood End Green Road, Hayes UB3 2SE	0208 573 2097
Rosedale College	Wood End Green Road, Hayes UB3 2SE	0208 573 2097

SPECIAL EDUCATION NEEDS/DISABILITY

SENDIASS	Hillingdon	01895 277001
Little Gems Toddler Group (under 5's)	Bell Farm Christian Centre, South Road, West Drayton UB7 9LW	01895-444406 Info@bfcc.org.uk/littlegems .htm

Ruislip Turtles Swimming Group (Autism, disability, learning)	Highgrove Pool, Ruislip HA4 8DZ.	turtleswimming@yahoo.co.uk Sat 5.00-6.00pm
Orchyd Holiday. (Children 5-16 with a physical disability)	18 St Catherines Road, Ruislip HA4 7RY	07502-382469 Info@orchyd.org.uk
Gymnastics at Botwell Leisure Centre. (Up to 16's with additional needs)	Hayes UB3 2HW. (Sundays)	020 8561 0956 Botwellgreen@gll.org
Heathrow Special Needs Centre. (Autism, physical & learning disability 5-25's)	Bath Road, West Drayton UB7 0EF.	01753 680330 Info@heathrowspecialneedscentre.org
Sports and Botwell Leisure. (11 plus with additional needs)	Hayes, UB3 2HW. (Saturdays)	020 8561 0956 Botwellgreen@gll.org
Thames Valley Adventure Playground. (Autism, learning & physical disability) Up to 25's.	Bath Road Maidenhead SL6 0EF	01628 628599 Theplayground@tvap.co.uk
DASH (Autism, physical, learning and disability 5-25's)	Ruislip Young Peoples Centre Bury Street Ruislip HA4 7SX.	020 8848 8319 Ben@dash.org.uk
Youth Connex Clubs, trips and residential (Autism, physical & learning disabilities) 5-18's.	Hillingdon/Harrow Saturdays/holidays	www.communityconnex.co.uk/youth-connex/
Change 4 Life (Healthy living, active life style, change in diet, mental health)		www.nhs.uk/change4life
Heathrow Play gym (Up to 7)		www.heathrowgymnastics.org.uk/play/playgym
Centre for ADHD and Autism Support (CAAS) Weds/Frid 10.30-12.30 Coffee morning support groups	Television House, 2 nd Floor, 269 Field End Road, Eastcote, HA4 9XA.	0208 429 1552
Mencap Support for learning disabilities	4 Precinct Road, Hayes UB3	020 8581 7351 Mencap.org.uk

Disablement Assoc Hillingdon (Dash)		0208 848 8319
Hillingdon Autistic Care and support (HACS)	Dudley Place, off Pinkwell Lane, Hayes UB3 1PB	0208 606 6780
Hillingdon Carers Support Group (Young Carers) (Info & support with child or adult with disability, illness, special need)	126 High Street, Uxbridge UB8 1JT	01895 811206 Office@hillingdoncarers.org .uk
DASH Disabilities	Wood End Centre Judge Heath Lane Hayes UB3 2PB	020 8848 8319
SENTAS Special Education Needs Transport Advocacy Service.		Info@sentas.co.uk
National Autistic Society Early Bird	10-week parenting support programme for ASD or waiting diagnosis for a child under 4 and not in education	01895 277653 Alison Painter apainter@hillingdon.gov.uk
Barnado's Cygnets Hillingdon	6-week parenting course for children with autism or awaiting a diagnosis 4-18	Parent to register their interest online. Barnados- parenting.org.uk/cygnets- programme/ 01895 277653 Alison Painter/Cheryl Tirahan Ctirahan@hillingdon.gov.uk
Ducklings online via Children Centre	4-week parenting course for parents of under 5's with ASD or waiting a diagnosis	Add name to waiting list: NorthCC@hillingdon.gov.uk
Down's Syndrome Association		0333 1212 300 info@downs- syndrome.org.uk
Little Gems & Tiny Gems Toddler Group 0-5 for children with special needs - £1.50	Bell Farm Christian Centre South Road West Drayton UB7 9LW	01895-444406 Info@bfcc.org.uk Weds 9:30 – 11:30am Frid: 10:00 – 11:30am

SUPPORT GROUPS

Austin Sewing Club	Hayes	07830 725515 Raheela desiart@live.com
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