



# Support Families with Cost of Living

## Breakfast Programmes

### National School Breakfast Programme (NSBP)

The National School Breakfast Programme (NSBP) supports schools to provide children with a healthy breakfast. All participating schools will receive a 75% subsidy for breakfast club provision until the end of the current programme in July 2024. The offer is available to all schools that have 40% or more children in IDACI bands A-F. If you would like to be put on the waiting list, please contact [info@schoolbreakfast.org.uk](mailto:info@schoolbreakfast.org.uk) (link sends e-mail).

### Magic Breakfast

Magic Breakfast provides healthy breakfasts that includes healthy cereals, bagels and baked beans to children and young people in the UK. For a school in England to be eligible, at least 35% of pupils should be recorded as eligible for Pupil Premium.

[Apply \(link is external\) for Magic Breakfast provision \(link is external\)](#)

### Kellogg's Breakfast Club Grants Programme

The Kellogg's Breakfast Club Grants Programme is offering grants of up to £1000 to schools in the UK to set up Breakfast clubs. Priority will be given to schools that have 35% and above of children eligible for pupil premium funding.

[Apply for Kellogg's breakfast club grants \(link is external\)](#)

### Greggs Breakfast Club Programme

The Greggs Breakfast Club Programme offers breakfast to schools where at least 40 per cent of the pupils at the school are eligible to claim free school meals.

[Apply for Greggs breakfast club \(link is external\)](#)

### Felix Project

The Felix project can provide a free weekly delivery of healthy surplus food which schools can give to families to take home or use in cooking activities. Go to their [website \(link is external\)](#) to learn how to sign up or email Alice [Handelman-Pedroza alice.handelman-pedroza@thefelixproject.org](mailto:Handelman-Pedroza.alice.handelman-pedroza@thefelixproject.org)

## Financial Advice

### Turn2us

Turn2us is a national charity providing practical help to people who are struggling financially. ['Back to school' financial help - Turn2us](#)

### Step Change

Step Change provide the UK's most comprehensive debt advice service. Since 1993, Step Change have helped 7.5 million people with debt problems take back control of their finances and their lives.

[StepChange Debt Charity - Free Expert Debt Advice.](#)

### Money Advice Trust

Money Advice Service also tackles debt, offering free practical self-help. Thanks to funding

from a range of establishments, the charity enables individuals and businesses to apply for support schemes and take the necessary steps to get out of debt.

[Money Advice Trust | Money Advice Trust](#)

## **Rental Support**

### **London Renters Union**

By joining the London Renters Union tenants gain access to a network of people willing to support one another. For those facing the prospect of eviction or extreme rent increases, the union can help by challenging any such injustices.

[London Renters Union | Building the power we need to transform the housing system](#)

### **Acorn**

Acorn is the national renters union for people in the UK and carries out a similar role to the London Renters Union. Additionally, they host a range of talks offering in-depth advice about renting.

[ACORN || Union for the Community \(acorntheunion.org.uk\)](#)

### **National Energy Action**

This UK charity helps vulnerable and disadvantaged people struggling with their energy bills. As well as offering advice and support, they lobby the government to improve policies to tackle energy poverty.

[National Energy Action \(NEA\) - the UK's leading fuel poverty charity](#)

### **Energy Saving Trust**

For those wondering how to make their home energy efficient, the Energy Saving Trust is a reliable source of advice. From roof insulation to using your thermostat most effectively, the charity can explain how best to cut your energy use and therefore, also your bills.

[Energy Saving Trust](#)

### **Independent Food Aid Network**

Across the UK there is a growing network of food banks, food distribution charities and local support hubs. To find one nearest to where you live, search the Independent Food Aid Network's interactive map.

[IFAN Members March 2023 - Google My Maps](#)