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21st March 2023

RE: SORTED substance use and misuse support offer for children in year 6 and their parents/caregivers

Dear Headteacher/Head of Year

With the Summer Term fast approaching your Year 6 students will be preparing for their transition from primary to secondary school. The London Borough of Hillingdon's Substance Use and Misuse team (SORTED) have devised a package of support which includes workshops and webinars to address children's vulnerabilities with regards substance misuse and child exploitation and support to parents/caregivers. Our SORTED team have historically worked in senior schools across the borough however, we have, in response to growing concerns locally and nationally that children and young people are being exposed to teenage substance use earlier, expanded our education and prevention offer to primary schools. We are seeking to support schools to prevent their pupils' potential engagement in risky behaviours and raise awareness of the risk of grooming and child exploitation.

The Offer

1. **Two 50 min workshops for students** - interactive games video links, small group tasks and discussion. The workshop will be delivered by an experienced Lead Programme Delivery Worker
 - Workshop 1 – most commonly used drugs and risks of using alcohol and nicotine-based products.
 - Workshop 2 - risks of using cannabis grooming, grooming cycle and child criminal exploitation.
2. **One hour workshop for parents** - to enable parents to recognise and identify the risk factors involved in substance misuse and child exploitation in the wider community setting. The workshop will be delivered by an experienced qualified counsellor

These workshops for students and parents will be available from **4th May 2023 until 14th July on Thursdays and Fridays.**

3. **Online One Hour Webinar for Parents** – Borough wide offer for parents who cannot attend face to face workshops in their child's school. The webinar will be delivered by an experienced qualified counsellor

The webinar is offered on the following days.

Wednesday 10th May 10am – 11am	Thursday 11th May, 6:30pm – 7:30pm
Wednesday 14th June 10am – 11am	Thursday 15th June, 6:30pm – 7:30pm
Wednesday 5th July 10am – 11am	Thursday 6th July, 6:30pm – 7:30pm



INVESTOR IN PEOPLE

Adolescent Development Services

Targeted Programmes
Children Services
London Borough of Hillingdon
Uxbridge Civic Centre, High Street, UB8 1UW
targetedprogrammes@hillingdon.gov.uk www.hillingdon.gov.uk
T. 01895 277222



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4. **'Time Out' a FREE 60 min Theatre Play by the Solomon Theatre accompanied by a with 30 min workshop** – The play will be delivered by The Solomon Theatre Group LTD and presents a story of Tom – a secondary school student, who has always been a good student – but since his parent split up, everything's changed. With no support from his mum anymore and pressure from cool girl Lucy – Tom's life is about to be turned upside down.

The Solomon Theatre Play and workshop will be available only Monday to Friday 5th to 9th June 2023 – 10 schools can book the play and priority will be given to schools who have requested SORTED workshops for children and or parents.

Bookings:

All bookings need to be made through the SORTED email address

sorted@hillingdon.gov.uk

You are requested to provide the following information:

1. Student workshop
 - number of workshops to be booked – please be advised workshop delivery is to one class at a time (no assembly delivery)
 - number of students in each class
 - Date and time of delivery
2. Parents Workshop
 - delivery dates and times
3. Theatre Play and 30 min workshop – please be advised the play and the workshop is delivered to the whole year group
 - Date and time of delivery.

Please take advantage of this opportunity to support your students and parents in their transition year. Should you have any questions or wish to discuss any of the content of this letter please feel free to contact me afrejlich-botha@hillingdon.gov.uk

Kind regards

Ania Frejlich-Botha
Programme Coordinator
Substance Use and Misuse Programmers
Targeted Programmes - Adolescent Development Services
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