



Training Guide 2023/24

SEND and inclusion training for PVI,
early years settings, schools,
colleges and parents/carers



HILLINGDON
LONDON

www.hillingdon.gov.uk

This guide sets out the training provided by the SEND and Inclusion Service which is available to early years settings, schools, colleges and families of children who attend an education setting within Hillingdon.

Details of course costs, times, dates (where applicable), location and how to register interest can be found under each course's description. Please click within the contents to find the course which you are interested in booking.

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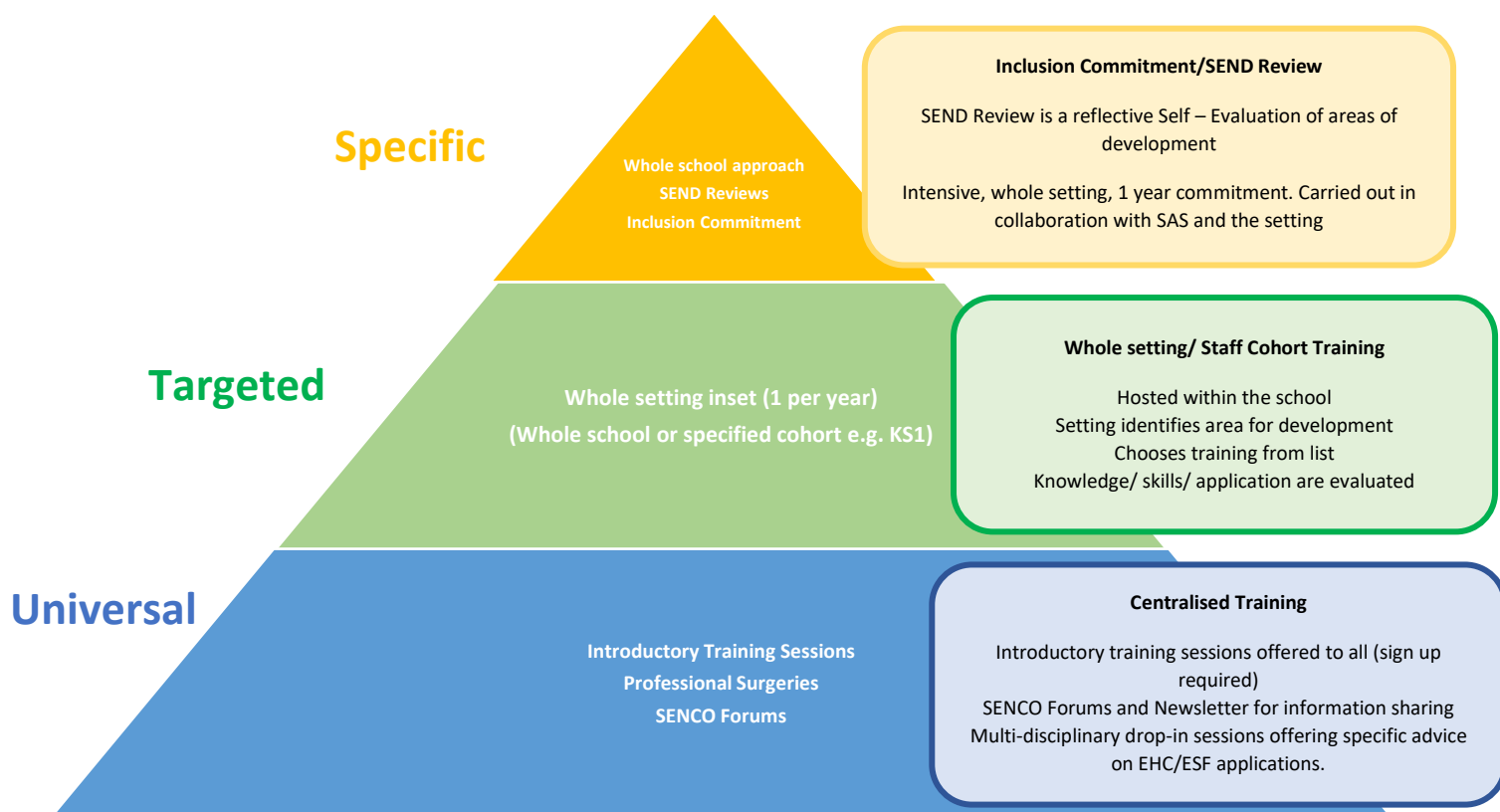
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SAS Training offer 2023/2024

The SAS 2023/2024 training offer consists of 3 levels of training as illustrated in the triangle below. This guide displays **UNIVERSAL** and **TARGETED** training courses.

If you are interested in **SPECIFIC**, holistic and a complete programme of training, please register your interest for the Inclusion Commitment by emailing for schools/post-16 Sharon Gill (Principal SEND Advisor) sgill@hillingdon.gov.uk, for PVI's Sandy Atwal (Principal SEND Advisor) satwal@hillingdon.gov.uk



[Terms and conditions apply](#)

Terms and conditions of booking for Central/Universal training

The following terms and conditions relate to the courses listed in this guide and others provided by the SEND and Inclusion Service which arise during the academic year.

Making a booking

Bookings should be made at least two weeks in advance as trainers will make a decision on whether the course is viable to run at that time. If uptake is low, the course may be subject to cancellation. Similarly, courses that are popular may close for new bookings once capacity is reached and operate a waiting list.

Each service will provide their own method of confirmation- this may be an automatically generated email from the Microsoft Form, confirmation from Learning Pool or communication via other means. If you have not received confirmation of your place on a course, please contact the relevant service via email as listed below.

Payment terms

Many courses are available without charge to attendees. However, some courses are chargeable to cover costs of accreditation, textbooks for attendees or because they are offered by a traded service. Payment must be made in advance of course attendance and refunds are not permitted in the case of non-attendance. These training sessions are heavily subsidised.

Cancellation or non-attendance

If an attendee cannot attend the course, please notify the relevant department as soon as possible but at least 24 hours before the course is scheduled to start. Services can be reached on the numbers listed below. Settings, schools or individuals who do not attend courses and do not provide sufficient notice to allow others to take their place may be prevented from attending training in the future.

The Service may be required to cancel a training course. Attendees will be notified in advance of the training session using the contact details listed on the booking form.

Evaluations

All delegates will be requested to complete an evaluation form; the information provided will help to improve the training offer and future delivery of the training. We kindly request you to return these evaluation forms promptly so that we can measure the effectiveness of our training offer.

Contact details

To contact the relevant service regarding a course listed in the brochure, please see below:

- **SEND Key Working**
saskeywork@hillingdon.gov.uk
- **SEND Advisory Service (ASD, Language and Early Years)**
sasinclusion@hillingdon.gov.uk
- **Sensory (HS, VI and MSI)**
sassensory@hillingdon.gov.uk
- **Educational Psychology Service**
educationalpsychologyservice@hillingdon.gov.uk
- **SEND Statutory Service**
strongerfamilieshub@hillingdon.gov.uk

Course updates and announcements

All course advertisements and updates can be found in the SEND and inclusion newsletter.

Training for PVI's and Early Years

Attention Hillingdon Refresher

Course description

1 day refresher for those of you that have previously attended the original 2-day course. Are you looking for new ideas or have lost your way a bit? Attention Hillingdon activities will support the development of some of the Early Learning Goals 2021. Do you want to know how to link Early Learning Goals to the delivery model? This 1-day course aims to boost confidence and empower delegates to incorporate their own ideas into the lesson plan, effectively monitor and record pupil progress and understand what is required to become a Champion setting.

Course date, time and location

[Friday 3rd November 2023, 9.30am-4.00pm, Committee Room 5, Civic Centre, Uxbridge](#)

[Thursday 1st February 2024, 9.30am-4.00pm, Committee Room 3, Civic Centre, Uxbridge](#)

[Tuesday 26th March 2024, 9.30am-4.00pm, Committee Room 3, Civic Centre, Uxbridge](#)

How to book

Please click on the links attached to the above dates to book a place or scan the QR codes below



2 Day Level 1 Attention Hillingdon

Course description

Attention Hillingdon is an exciting and innovative project which supports the development of attention and listening skills and promotes the development of social communication skills. This training enables practitioners to lead this programme in their settings or schools.

Course date, time, and location

Monday 18th September & Tuesday 19th September 2023, 9.30am-4.00pm, Civic Centre, Uxbridge

How to book

[Click here to book on to the course](#) or scan the QR code



Role of the Inclusion Coordinator

Course description

The essential training for Early Years Inclusion Coordinators working in preschool settings only. This training has been updated to reflect the new Send Advisory Service and covers current guidance to applying for referrals and funding.

Course date, time and location

Course is over 4 sessions and participants must attend all 4 sessions. Training will be held at the Civic Centre

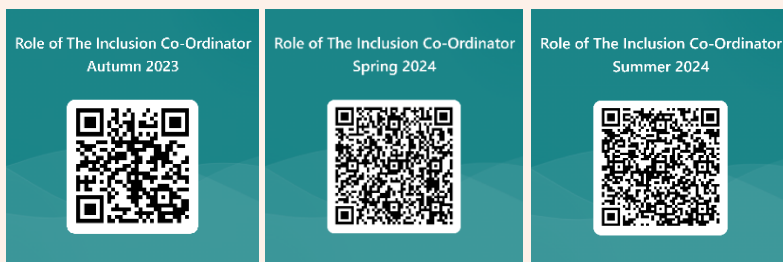
[Wednesday 20th & 27th September 4th & 11th October 2023, 9.30am-12.30pm](#)

[Thursday 7th, 14th, 21st and 28th March 2024, 1.00pm-4.00pm](#)

[Tuesday 4th, 11th, 18th, and 25th June 2024, 9.30am-12.30pm](#)

How to book

Please click on the links attached to the above dates to book a place or scan the QR codes below



Overview of ASD in the Early Years

Course description

To develop a basic understanding of Autism in the Early Years. This course will be suitable for delegates to support children who are recently diagnosed or on the pathway to diagnosis to develop strategies.

Course date, time and location

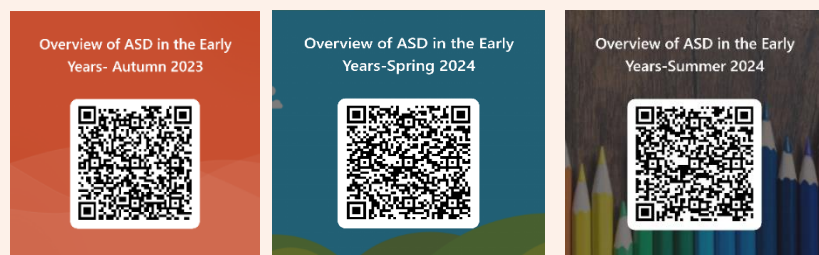
[Thursday 21st September 2023, 9.30am-3pm, Civic Centre Committee Room 4a](#)

[Tuesday 6th February 2024, 9.30am-3pm, Civic Centre, Committee Room 4a](#)

[Thursday 6th June 2024, 9.30am-3pm, Civic Centre, Committee Room 4](#)

How to book:

Please click on the links attached to the above dates to book a place or scan the QR Codes below



Speech, Language and Communication in Early Years

Course description

Session 1: What is Speech and Language? Define Speech, Language and Communication

Session 2: Play and Social Communication Explore what is social communication? Get an overview of the types of strategies and activities that can support children. Know where you can find further information for support

Session 3: Stammering Find out more about children's stammering, strategies and activities that can support the child within the setting and signposting to further information, resources, and services

Session 4: Speech Sounds To learn about typical pattern about speech sound development, types of speech sound difficulties, speech sounds therapy activities that you can do within your setting and types of speech sound assessment and signposting to further information

Session 5: Using Language Find out how language develops in children, overview of what you can do to support your children language development through: strategies and activities

Course date, time and location

This course is run over 5 weeks. We recommend you attend Session 1 before booking on to any of the other 4 sessions. All sessions will be held virtually.

Spring Term – [Click here to book](#)

Session 1: Friday 9th February 2024, 10.30am-11.30am

Session 2: Friday 16th February 2024, 10.30am-11.30am

Session 3: Friday 23rd February 2024, 10.30am-11.30am

Session 4: Friday 1st March 2024, 10.30am-11.30am

Session 5: Friday 8th March 2024, 10.30am-11.30am

Summer Term – [Click here to book](#)

Session 1: Friday 7th June 2024, 10.30am-11.30am

Session 2: Friday 14th June 2024, 10.30am-11.30am

Session 3: Friday 21st June 2024, 10.30am-11.30am

Session 4: Friday 28th June 2024, 10.30am-11.30am

Session 5: Friday 5th July 2024, 10.30am-11.30am

How to book:

Please click on the links attached to book or scan the QR code below

Speech Language and
Communication Carousel February
2024



Speech Language and
Communication Carousel June
2024



Training for PVI's, Early Years and Schools

My Support plan training

Course description

This training will support nurseries in successfully completing referrals into SEND Advisory Service and completing specific sections of a My Support Plan. During the training we will support practitioners with the following: Completing the background Information; what has taken place over the last 12 months, what is working well for the child and their family and identifying what are the child's and family's priorities; Support in identifying children's Strengths and Special Educational Needs; Identifying SMART outcomes for the Plan and Do aspect of the cycle; Planning interventions/strategies to achieve the outcome and Completing the attached Provision Map for children whose support is placed above the Ordinary Available Provision.

Course date, time and location

[Monday 6th November 2023, 9.30am-12.30pm, Committee Room 4, Civic Centre](#)

[Tuesday 5th March 2024, 1.30pm-3.30pm, Committee Room 4, Civic Centre](#)

[Wednesday 5th June 2024, 9.30am-12.30pm, Committee Room 4, Civic Centre](#)

How to book:

Please click on the links attached to the above dates to book a place or scan the QR Codes below

My Support Plan Training Monday
6 November 2023 9:30am-12:30pm



My Support Plan Training Tuesday
5 March 2024 1:30pm-3:30pm



My Support Plan Training
Wednesday 5 June 2024 9:30am-12:30pm



Signalong for professionals - foundation course

Course description

This accredited course will equip learners with the skills they need to use Signalong. Signalong is a sign supported communication system for children with additional needs to support them in developing their speaking and understanding. This course is designed both for beginners and experienced signers and consists of theory and practical based learning. We will cover symbolic understanding and generalisation.

Course date, time and location

[3rd, 5th, 10th and 12th October 2023, 12.00pm-4.00pm, Committee Room 4a, Civic Centre, Uxbridge](#)

[30th April, 2nd, 7th and 9th May 2024, 4.00-8.00pm, Committee Room 4, Civic Centre, Uxbridge](#)

Course cost

This course is heavily subsidised. You will be required to pay a fee of £5.10 for your certificate.

If you wish to purchase your own training manual please follow the link below

<https://signalong.org.uk/shop/catalog/> if not these will be available during the session.

How to book

Click on the above links to book on to the course or scan the QR codes below.

Signalong Professionals
Foundation Course
03.10.23/05.10.23/ 10.10.23/12.10.23



Signalong Professionals
Foundation Course
30.04.24/02.05.24/07.05.24/09.05.



OAP and Inclusive Environments

Course description

This training will provide delegates with an awareness and overview of Hillingdon's OAP document. It demonstrates the importance of inclusive practices and the use of visual supports within the classroom to support all children and expands on some of the key OAP strategies; not only to support children and young people with SEND but also to embed for the whole classroom

Course date, time and location

[Wednesday 17th January 2024, 9.30am-11.30am, Committee Room 2, Civic Centre, Uxbridge](#)

[Thursday 9th May 2024, 1.00pm-3.00pm, Committee Room 3, Civic Centre, Uxbridge](#)

How to book

Click on the above links to book on to the course or scan the QR codes below.

Ordinary Available Provision (OAP)
and Inclusive Environments -
January 2024



Ordinary Available Provision (OAP)
and Inclusive Environments - May
2024



The use of person-centered visuals.

Course description

The course will aim to provide delegates with an understanding of what visual supports are, why they visual supports and the importance and practical ideas and examples of person-centered visual supports which can be used and adapted for the classroom.

Course date, time and location

Wednesday 7th February 2024, 10.00am-11.30am, Committee Room 4, Civic Centre, Uxbridge

How to book

[Click here to book on to the course](#) or scan the QR code below

The use of Person Centred Visuals



Speech, Language and Communication

Learning through Lego

Course description

The course will provide delegates with an understanding of the benefits of Lego Therapy, how to identify children who may benefit from this intervention and to have a greater understanding of how to set up and run this intervention.

Course date, time and location

[Wednesday 12th June 2024, 2.00pm-3.30pm, Committee Room 3, Civic Centre, Uxbridge](#)

How to book

Click on the above links to book on to the course or scan the QR codes below.



An introduction to Speech, Language and Communication

Course description

The course will cover what is Speech, Language and Communication (SLCN), how children with SLCN may present in the classroom and a range of strategies to implement in the classroom.

Course date, time, and location

Thursday 18th January 2024, 10.00am-11.30am, Committee Room 4, Civic Centre, Uxbridge

How to book

[Click here to book on to the course](#) or scan the QR code below



An introduction to Communication using Intensive Interaction Techniques

Course description

This course will give attendees the ability to understand what intensive interaction is, who can use it/benefit from it, how to baseline with example activities to consolidate what they have learnt.

Course date, time and location

[Tuesday 21st May 2024, 10.00am-11.30am, Committee Room 3, Civic Centre, Uxbridge](#)

How to book

Click on the above links to book on to the course or scan the QR codes below.



ELKLAN 5-11

Course description

A practical training course for those of you teaching or supporting children in primary schools who want to develop the speech and language skills of ALL children - including those who are a bit behind with their speech and language. This could be for a range of reasons, including learning English as an additional language (EAL).

Course date, time, and location

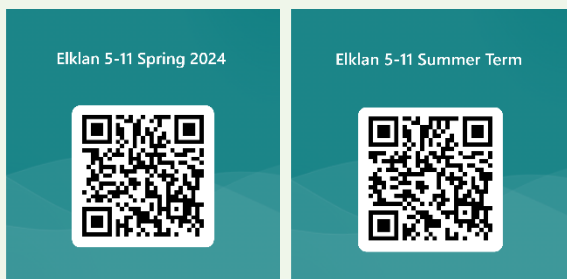
All sessions will be held virtually (one session a week)

[Spring Term: Friday 12th January 2024 – Friday 15th March 2024, 2.00pm-4.00pm](#)

[Summer Term: Wednesday 1st May 2024 – Wednesday 3rd July 2024, 2.00-4.00pm](#)

How to book

Click the links above to book or scan the QR code below



An Introduction to Communication using Intensive Interaction Techniques

Course description

This course will give attendees the ability to understand what intensive interaction is, who can use it/benefit from it, how to baseline with example activities to consolidate what they have learnt

Course date, time, and location

Monday 3rd June 2024, 2.00pm-3.30pm, Committee Room 3, Civic Centre, Uxbridge

How to book

[Click here to book on to the course](#) or scan the QR code below



Autism

Autism Education Trust (AET): Making Sense of Autism

Course description

The AET 'Making Sense of Autism' training is designed to raise awareness for all staff working in a school community. This training offers an introduction to autism and the reasonable adjustments that may be required when working with autistic students.

Course date, time, and location

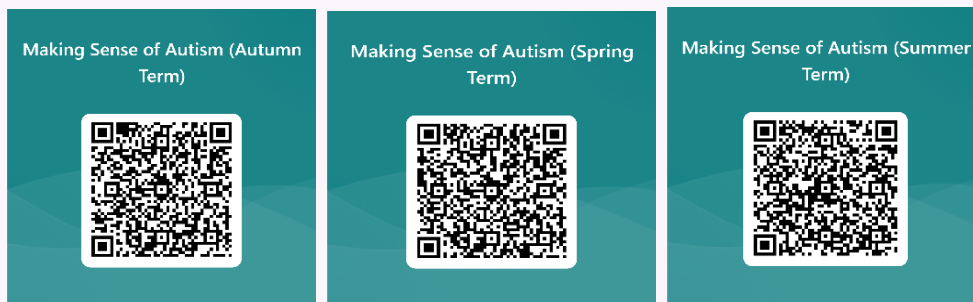
[Wednesday 18th October 2023, 9.30am-12.00pm, Civic Centre Uxbridge](#)

[Thursday 8th February 2024, 1.00pm-3.30pm, Civic Centre Uxbridge](#)

[Wednesday 22nd May 2024, 9.30am-12.00pm, Civic Centre Uxbridge](#)

How to book

Click on the above links to book on to the course or scan the QR codes below.



Autism Education Trust (AET): Good Autism Practice

Course description

The 'Good Autism Practice' training is suitable for those who have an understanding of autism and would like more practical strategies in working with autistic students. The training provides guidance on developing a pupil centred approach and how to effectively plan for the autistic pupils. Overall, the training aims to promote a more inclusive and positive learning environment for autistic students as well as empowering the practitioners working with them.

Course date, time, and location

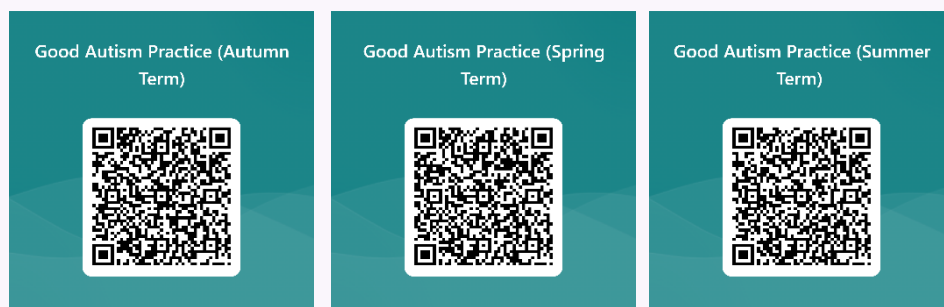
[Thursday 16th November 2023, 10.00am-2.30pm, Civic Centre, Uxbridge](#)

[Tuesday 27th February 2024, 10.00am – 2.30pm, Civic Centre Uxbridge](#)

[Thursday 13th June 2024, 10.00am – 2.30pm, Civic Centre, Uxbridge](#)

How to book

Click on the above links to book on to the course or scan the QR codes below



Attention Deficit and Hyperactivity Disorder (ADHD) and Autism

Course description

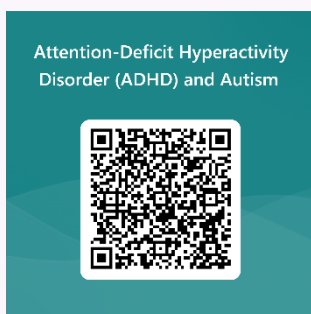
Attention-Deficit Hyperactivity Disorder (ADHD) and Autism are two neurodevelopmental conditions which are becoming increasingly prevalent in the population. This training offers an exploration into ADHD and Autism: What they are; How we identify and diagnose them; How we support CYP with ADHD and Autism and an exploration into the problems with diagnoses and a consideration about the pros and cons of diagnoses.

Course date, time and location

Thursday 25th January 2024, 9.00am-3.30pm, Committee Room 4, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR code below



Anxiety and Girls

Course description

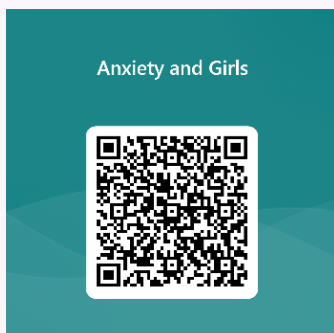
It was long believed that autism was simply more prevalent in boys due to the nature of the condition. We now know that is incorrect, but then why are so many more boys diagnosed with autism than girls? This is what this training explores. Following a brief recap of what autism is, we will go through: Gender differences in prevalence of autism; Diagnostic challenges in girls and women; The characteristics of differences in girls with autism; The likely challenges in school; How we can support at an individual, group and whole school level.

Course date, time and location

Monday 22nd April 2024, 1.00pm-4.00pm, Committee Room 4, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR code below



Social, Emotional and Mental Health

Overview of Social, Emotional and Mental Health

Course description

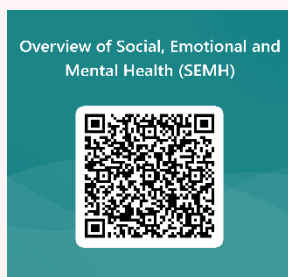
Social Emotional and Mental-Health (SEMH) was introduced by the DfE's SEND Code of Practice (2015), replacing previous definitions of behaviour, to emphasise that the behaviour itself is not a need and instead results from a complex interaction between a Child and/or Young Person (CYP) and their environment. The definition also introduced the importance of CYP's mental health as an important potential educational and/or health care need. This training provides an introduction to: What we mean by SEMH needs; Why it is important to focus on SEMH; What are some key risk factors associated with SEMH needs; The impact of the socio-political environment on SEMH and Considerations about the place of diagnosis and labelling when considering SEMH needs.

Course date, time and location

[Friday 29th September 2023, 9.30am-12.30pm, Committee Room 3, Civic Centre Uxbridge](#)

How to book

Click on the above link to or scan the QR codes below



Emotional Based School Non-Attendance (EBSNA)

Course Description

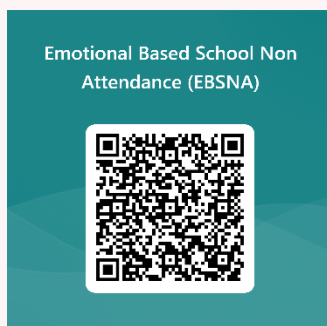
EBSNA, anxiety-based school avoidance, school refusal, school phobia and school anxiety are just some of the interchangeable terms used to describe CYP who find it challenging to attend school due to the high levels of distress and anxiety they experience. This training provides an exploration into EBSNA, including: What is EBSNA; What is the current prevalence and context surrounding EBSNA; What are the risk factors associated with CYP developing EBSNA; What does theory tell us about EBSNA and How can we support.

Course date, time and location

[Monday 16th October 2023 9.30am-3.00pm, Committee Room 3, Civic Centre, Uxbridge](#)

How to book

Click on the above link to or scan the QR codes below



Behaviour Session 1 Basics of Behaviour Management and Modification (BMM) and Behaviour Session 2: A Trauma Informed Approach and Relational, Reflective and Restorative (RRR) Practices

Course description

This is the first of a two-part training on behaviour and introduces some of the basic principles and practices in BMM. This training includes a deep dive into: What we mean by behaviour; The current context around pupil behaviour in the UK, including some common vocabulary/discourse used when discussing pupil behaviour (E.g., Zero tolerance); The most prevalent theories around behaviour BMM principles and practices, such as how to establish rules and routine behaviours, managing breaches of rules and expectations, promote a happy A brief introduction into when the BMM techniques are no longer appropriate and reasonable adjustments should be made, leading on to an introduction to Behaviour Session 2.

This is the second part of a two-part training on behaviour and explores some approaches to behaviour which research would indicate are effective in supporting BMM, particularly in CYP for whom traditional behaviour management approaches are not proving beneficial. This training includes a deep dive into: Why BMM principles are not always effective, appropriate, or ethical; What is a Trauma Informed Approach and RRR practices and how does it work; How can they fit into a British School system.

Course date, time and location

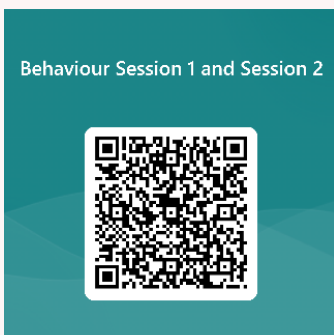
Please note both sessions must be attended

Behaviour Session 1: 10th November 2023, 9.30am-3.30pm, Committee Room 3, Civic Centre Uxbridge

Behaviour Session 2: 23rd November 2023, 9.30am-3.30pm, Committee Room 3, Civic Centre Uxbridge

How to book

[Click here to book](#) or scan the QR code below



The Central Importance of Executive Functions in Academia and Behaviour

Course description

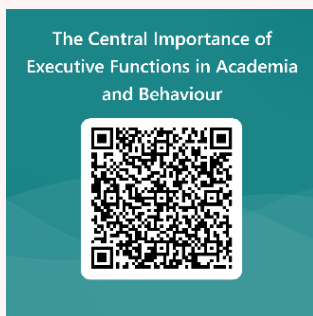
Executive Functions are a series of cognitive processes that enable individuals to plan, focus attention, remember, juggle multiple tasks and regulate our emotions and behaviours. Clearly, they are very important in school. This training offers a deep dive into Executive Functions: What are they; Why are they important according to research; How do we support the development of EFs in all children; What is Executive Dysfunction; How do we identify when CYP are having executive dysfunction; How can we support CYP with executive dysfunction

Course date, time and location

Friday 2nd February 2024, 9.00am-12.30pm, Committee Room 4, Civic Centre Uxbridge

How to book

[Click here to book](#) or scan the QR code below



School Belonging

Course description

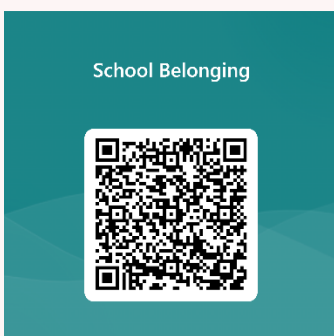
In its simplest terms, school belonging can be termed a CYP's sense of whether they are accepted, respected and have a place in a school. Research shows school belonging has great implications for academic and psychosocial success, making it a very important construct. This training offers an exploration into: What is School Belonging; Why is it important according to research; What can we do to support the development of school belonging; What are the signs that a child may be losing their sense of school belonging and What we should do when school belonging is becoming strained.

Course date, time and location

Monday 4th March 2024, 9.30am-12.30pm, Committee Room 4, Civic Centre Uxbridge

How to book

[Click here to book](#) or scan the QR code below



Vision Impairment Training

For settings/Schools

How to book: Please send an email to sassensory@hillingdon.gov.uk

Location: Please note all trainings listed below are held virtually

Setting up a sensory space, classroom/environmental audits and accessibility

Wednesday 20th September 2023, 8am – 9.00am

Access Technology and curriculum access

Wednesday 15th November 2023, 8am– 9.00am

VI: Exams Access Arrangements

Wednesday 24th January 2024, 8am – 9.00am

Vision Impairment Awareness

Wednesday 6th March 2024, 8am – 9.00am

Specific Vision Conditions and what is Functional Vision Assessment

Wednesday 1st May 2024, 8am – 9.00am

Signposting, charities support offered, Wakelet, DLA and DAF

Wednesday 19th June 2024, 8am– 9.00am

For parents/Carers

How to book: Please send an email to sassensory@hillingdon.gov.uk

Location: Please note all trainings listed below are held virtually

Informal meet the team, how do we support families and young people

Wednesday 20th September 2023 9am – 9.45am

How can I help my VI child at home, Accessible stories and books

Wednesday 15th November 2023, 9am – 9.45am

Hospital reports explained and CVI certificate.

Wednesday 24th January 2024 9am – 9.45am

Vision Impairment Awareness

Wednesday 6th March 2024, 9am– 9.45am

Specific Vision Conditions and what is Functional Vision Assessment

Wednesday 1st May 2024, 9am– 9.45am

Signposting, charities support offered, Wakelet, DLA and DAF

Wednesday 19th June 2024, 9am– 9.45am

Hearing Support Training

Supporting D/deaf Awareness

Course description

This 2 hour session will enable you to develop understanding of good practice, strategies and support required for D/deaf children and young people in your settings through discussion, demonstration, and practical activities

Course date, time and location

Thursday 23rd November 2023, 09.30am-11.30am, Committee Room 3a, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan QR code below:



Developing professional understanding of D/deafness in the SEND Field

Course description

This 2 hour session will enable colleagues across LBH's SEND pathway to develop understanding of good practice, strategies and support required for D/deaf children and young people in the educational setting through discussion, demonstration, and practical activities.

Course date, time and location

Thursday 25th April 2024, 09.30am-11.30am, Committee Room 3a, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan QR code below:



Parent/Carer Workshop: My child can't hear properly. Now What?

Course description

For parents/ carers of children who have been assessed by an audiology clinic as needing hearing technology such as hearing aids, bone conduction aids or cochlear implants.

Areas to be covered will include how we hear, different types of hearing needs, the role of specialist equipment, the impact of deafness on learning and development and signposting to other D/deaf related services.

Course date, time and location

Thursday 22nd February 2024, 09.30am-11.30am, Uxbridge Family Hub, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan QR code below:



Chatter Tots Stay and Play Sessions

Course description

A stay and play session for parents/carers of D/deaf pre-school children to provide interaction, modelling, and networking within an interactive play environment. Opportunities for parents/carers to meet with other families of D/deaf children. Opportunities to ask deaf specialists questions and discuss any concerns around amplification equipment use, speech and language development, starting nursery/school.

Course date, time and location

Fortnightly (Term time)

Thursdays 10.00am-11.30am, Uxbridge Family Hub Centre, Civic Centre, Uxbridge

How to book

Hearing Support Team will contact families directly.

Any other queries regarding these sessions, please email sassensory@hillingdon.gov.uk

Workshops and training courses for Parents

Toileting Workshop for Parents and Carers (0-5)

Course Description

Strategies for supporting successful toilet training for children with Autism/SEND. This course will look at understanding the underlying difficulties and differences for children with ASD/SEND that impacts on successful toilet training. This course will provide useful strategies that can be used in the home.

Course date, time and location

[Wednesday 11th October 2023, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

[Wednesday 13th March 2024, Virtual Session.](#)

How to book

Click on the links above or scan the QR Code below



Autism and Girls

Course Description

Workshop on how ASD affects girls for parents and carers. Exploring Autism traits in Girls, how they mask and camouflage difficulties. Autistic Characteristic that may present differently in Girls.

Course date, time and location

Wednesday 22nd November 2023, 10.00am-12.00pm, Civic Centre Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Sleep Workshop

Course Description

An understanding of why getting enough sleep can be challenging for children with SEND, Useful ideas and strategies to help support your child at home

Course date, time and location

[Wednesday 13th December 2023, Virtual Session](#)

[Wednesday 8th May 2024, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

How to book

[Click](#) on the links above to book or scan the QR Code below



Communication and Behaviour Workshop

Course Description

A workshop supporting person centred approaches to behaviour that challenges for parents and carers offering Ideas and strategies

Course date, time and location

[Wednesday 10th January 2024, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

[Wednesday 5th June 2024, 10.00am-12.00pm, Virtual session](#)

How to book

Click here to book or scan the QR Code below



Sensory Needs Workshop

Course Description

A workshop looking at strategies to support your child's sensory needs including tools you can use, resources, sensory diets. How to implement these into your day to day life at home and in the community.

Course date, time and location

Wednesday 21st February 2024, 10.00am-12.00pm, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Emotional Wellbeing

Course Description

Strategies and tips for emotional wellbeing and self-care which focuses on the needs of parents and carer's of children with SEND/ASD. This course will explore positive ways on how you as a parent / carer can support your own wellbeing to develop resilience and empowerment.

Course date, time and location

Wednesday 10th April 2024, 10.00am-12.00pm, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Introduction to Signalong – Parents training

Course Description

Signalong is a sign supported communication system for children with additional needs to support them in developing their speaking and understanding. These workshops are designed both for beginners and experienced signers. These are specific topic related workshops to practice signing involving everyday life.

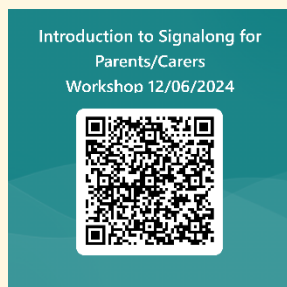
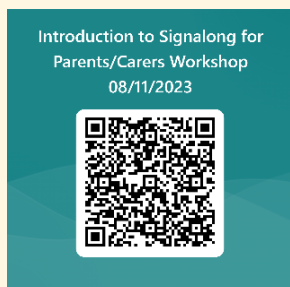
Course date, time and location

[Wednesday 8th November 2023, 9.30am-12.30pm, Civic Centre, Uxbridge](#)

[Wednesday 12th June 2023, 9.30am-12.30pm, Civic Centre, Uxbridge](#)

How to book

To book click on the above links or scan the QR Code below



Parent/Carer Workshop: My child can't hear properly. Now What?

Course description

For parents/ carers of children who have been assessed by an audiology clinic as needing hearing technology such as hearing aids, bone conduction aids or cochlear implants.

Areas to be covered will include how we hear, different types of hearing needs, the role of specialist equipment, the impact of deafness on learning and development and signposting to other D/deaf related services.

Course date, time and location

Thursday 22nd February 2024, 09.30am-11.30am, Uxbridge Family Hub, Civic Centre, Uxbridge

How to book

[Click here to book](#)

Children Centres -Programmes for Parents/Carers

The following courses and workshops are available for parents and families. Please share and direct them to the Local Offer where they can sign up to book a place or follow the information in the course 'how to book' section.

Ducklings – For children aged 5 years and under

Course Description

Ducklings is a 4-week online course to support parents/carers with a child (or children) under 5 years of age who have been newly diagnosed with Autistic Spectrum Disorder (ASD) or are awaiting an assessment with the Child Development Centre. The sessions support parents/carers to understand and increase their awareness of ASD: supporting your child's development, exploring strategies to support family life, providing information, advice and signposting.

How to book

To add your name to the waiting list please email: NorthCC@hillington.gov.uk
Parent/carer full name, Your child's full name and date of birth, A contact telephone number

Stay and Play Plus sessions

Course Description

A session for families to promote development for children providing play, interaction and engagement, in an inclusive learning environment. This session is aimed at those who have attended Attention Hillingdon and/or Language for Life and children with special educational needs and disabilities (and emerging needs).

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Language for Life – For children aged 5 years and under

Course Description

A 4-week programme providing tips and hints in supporting child's language development, using child led play, singing, books and stories, imaginative play, turn taking and conversation. Week 4 includes a speech and language therapist.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres - Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Attention Hillingdon

Course Description

An 8-session programme to help develop children's attention, speech and listening skills. Sessions are for parents and children aged 5 years and under.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Little Taster

Course Description

A 4-week course to help children explore different foods in a play environment with their parents/carers. Helping children develop their senses as they experience different tastes and textures of foods. The children will have the opportunity to learn to sit at the table and try new foods.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Barnardo's Cygnets - Core Programme

Course Description

Cygnets is a FREE parenting support programme for parents and carers of children and young people ages 5-18 with a diagnosis of autistic spectrum disorder (ASD) and/or social communication difficulties. Those who are awaiting a diagnosis can also attend. The Barnardos Cygnets Programme is a programme aimed to support the child by working to upskill parents and professionals enabling them to better understand autism. The programme teaches about autism first and then how to support communication and promote positive behaviours.

The course aims to improve participants' confidence in managing the challenges faced when raising or teaching a child with autism. The idea behind the Cygnets framework is to teach about autism first. Then consider the impact of sensory dysfunction, communication and behaviour following an appreciative inquiry approach. The programme consists of six group sessions, once a week for 3 hours. The aim is to build confidence and empower parents and professionals to problem solve, understand why their child may behave differently so they can begin to learn how best to help their child develop.

Course date, time and location:

This programme runs a minimum of once per term however we aim to deliver every half term from October 2023-July 2024 .Morning session 9.30am-12.30pm (3 times per year) or Evening session 6.00pm-9.00pm (twice per year)– Civic Centre

How to book

[Please click here to join the waiting list](#)

National Autistic Society Early Bird

Course description

Early Bird is a support programme for parents and carers, of pre-school children with a diagnosis of autism or are on the pathway to receiving a diagnosis of autism (not yet attending full time school)

The programme aims to support parents in the period between diagnosis and school placement, offering advice and guidance on strategies and approaches for dealing with young children with autism. It works on understanding autism, building confidence to encourage interaction and communication and analysing and managing behaviour. The programme draws from well-established practice in the field of autism. The approaches used include: the national Autistic Society SPELL framework, techniques from the TEACCH approach, Picture Exchange Communication System (PECS)

Course date, time and location:

Every term – Dates Vary

The programme combines 8 group sessions and 2 home/nursery visits

Parents will have a weekly commitment of a two-and-a-half hour training session or home visit, and to ongoing work with their child at home

How to book

[Register here to be added to the waiting list.](#)

Educational Psychology Service

EPS Traded Offer

Hillingdon Educational Psychology Service (EPS) have developed a comprehensive offer of support to our community of schools and other settings. This includes our traded EPS offer that provides a number of 'packages of support' that can be purchased to meet the individual needs of schools and other settings.

Attached is an [overview of the EPS traded offer](#) that schools / settings can access in the 2023 / 2024 academic year.

EPS Training

Hillingdon EPS delivers bespoke training for schools, and this can be discussed with the school's link EP and/or please email educationalpsychologyservice@hillington.gov.uk for more details. We have previously delivered training sessions to various schools on topics such as literacy difficulties, Selective Mutism, Metacognition skills, Bereavement and loss, Transition to secondary school, Precision Teaching, Critical Incident support for SLT, Motivational Interviewing, Executive Functioning skills to name a few.

In addition, we offer systemic training to schools via ELSA training programme (details below) and group interventions such as Cool Connections, Therapeutic Story Writing, Sandwell Well-being Project etc. (details below):

ELSA (Emotional Literacy Support Assistant) - The ELSA project is an initiative designed to help schools meet the needs of emotionally vulnerable pupils from within their own resources. 5 days training and half termly group supervision sessions for 2 hours

What is (an) ELSA?

- ELSAs are emotional literacy support assistants working in schools.
- ELSAs help children recognise, understand and manage emotions to increase success.
- ELSAs plan and deliver individual (and small group) support programmes.
- ELSAs receive training and supervision from educational psychologists.

ELSA Training:

- Emotional literacy in schools/raising emotional awareness.
- Self-esteem/active listening and communication skills.
- Anger management/working with puppets
- Social skills/autistic spectrum difficulties and social stories.
- Friendship skills/writing therapeutic stories.

Group Interventions

Therapeutic Story writing group - 10 sessions

Research shows that Therapeutic Story writing Groups help pupils:

Process difficult feelings

Develop social skills.

Improve emotional resilience.

Improve writing skills

Group Size

4-6 children aged 7- 11 with emotional difficulties, particularly suitable for those on the SEN register or with SEMH difficulties. Think carefully about group dynamics, mix of girls and boys, think about balancing challenging pupils with more withdrawn pupils. **Children should be able to write a story independently and express their thoughts on paper.**

Cool Connections intervention - 10 sessions

Cool Connections is a fun, engaging group intervention that provides a cognitive behavioural therapy (CBT) approach to positively modifying the everyday thoughts and behaviours of children and young people aged 9 to 14. Combining a summary of CBT principles and step-by-step guidelines on how to use the materials appropriately with a mixture of games, handouts, home activities and therapeutic exercises, "Cool Connections" is designed to encourage resilience and self-esteem and reduce feelings of anxiety.

Group size

4- 6 children who would benefit from understanding the link between their thought's feelings and behaviour.

Transition Group (2-5 sessions)

Strengths-based programme supporting children who are in Y6 and are transitioning to secondary school, where the following activities would take place (depending on the suitability of the group and the number of sessions):

- Tree of Life
- Ideal School
- Exploration of their strengths
- Exploration of what the children are looking forward to
- Problem-solving scenarios as a group
- Discussions around friendships, social influence and asking for help

Sandwell Well-being intervention

The Sandwell Well-being Charter Mark is a school's opportunity to commit to improving the mental health and well-being of everyone connected with the school.

The Charter Mark is made up of three elements:

- [The Charter Mark School Audit](#)
- [The Healthy Mind, Happy Me Curriculum](#)
- [The Pupil Well-being Survey](#)

[About the Sandwell Well-being Charter Mark | Sandwell Council](#)

How to make a request for an Education, Health and Care Needs Assessment

All referrals relating to Children and Families are now managed through our Stronger Families Hub. If you are a professional and are requesting EHCNA please follow the link below to request a statutory assessment for special educational needs. Please attach the EHC Needs Assessment Application Template from Information for SEND professional s Hillingdon Council referring through: <https://www.hillingdon.gov.uk/stronger families>

EHC Needs Assessment Application Template: <https://www.hillingdon.gov.uk/send Professionals>

If you support a parent to make a request for a statutory assessment for special educational needs please contact: Email: strongerfamilieshub@hillington.gov.uk
Phone: 01895 556 006. Alternatively complete the referral form online:

<https://www.hillingdon.gov.uk/send support>