



SOCIAL MEDIA: EXPLORING THE PERSPECTIVES OF ADOLESCENTS AGED 13 -15

Have your say! Is social media positive, negative, or both?

Join one of four research focus groups so we can hear your views about how social media impacts the lives of 13-15-year-olds.



If you are interested in participating and would like further information, please contact:

Your School's SENCO
OR

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So which is it?



FOMO is real and social media makes teens feel isolated

Teens can't live without social media, it's way too important.

Social media is harmful to teens' mental health.

Social media helps teens stay connected to their mates.

Teens spend too much time on social media.

Social media helps teens express themselves.

Social media keeps teens up at night.

It keeps teens entertained.



People say...



This project has been approved by the UCL research ethics committee. Ethics number: 25017/001