

First Tuesday of the month, 4.30pm Central Uxbridge

Are you aged 13-19?

Do you have questions about your gender identity or sexuality?

Do you think you could you be part of the LGBTQ+ community?

Do you want to have a confidential* chat with a trusted person?

If you need to

Sign up to to meet like-minded people your own age or speak to a KISS advisor.

*Anything you tell us is confidential unless you tell us that you or someone else is at immediate risk of harm speak to someone urgently call Samaritans on 116 123

Scan the QR code to request a sign-up form or you can email **shwb@hillingdon.gov.uk** for more information.