

Hillingdon Health-Related Behaviour Survey 2023

About the survey		
Who is it for	The online survey is for children and young people in primary and secondary schools and it is also planned to include as many young people as possible who are not in mainstream schools.	
Which year groups	Primary school years 4 and 6 Secondary school years 8 and 10 Other year groups can be added if the schools wishes.	
Who has developed the survey	Hillingdon Council Education and Public Health teams are working with the Schools Health Education Unit. Our questionnaires are Hillingdon versions of established questionnaires developed by Schools Health Education Unit who have 40 years experience of research and practice delivering health questionnaire to schools. (www.sheu.org.uk).	
Primary questionnaire topics	<ul style="list-style-type: none"> • Personal background • Food and diet • Oral health • Emotional health and wellbeing • Smoking and vaping • Physical activity • Personal and online safety • Alcohol use • Relationships • School 	Secondary questionnaire topics <ul style="list-style-type: none"> • Personal background • Food and diet • Oral health • Emotional health and wellbeing • Smoking and vaping • Drugs • Physical activity • Personal and online safety • Alcohol use • Sexual health and relationships • School
Special school topics	Personal background, food and drink, being healthy, feelings, risky behaviours (alcohol, smoking and vaping), sexual health and relationships, personal and online safety, choices after school	
Cost	Free. We appreciate the competing pressures and demands on school time and resources, so all elements of the project are <i>fully funded and fully resourced</i> to reduce the demand on schools.	
Why participate?		
School profile	You will receive a report containing a summary of key aspects of the data, including a comparison with the overall borough picture (based on participating schools)/ This can be used to inform school planning and provision.	
Type of information	<p>You will find out things like:</p> <ul style="list-style-type: none"> • Whether boys or girls report more bullying behaviour in your school • If pupils in your school have better emotional wellbeing than those in the rest of Hillingdon • If pupils qualifying for free school meals who have SEND feel differently about your school than do others <p>Information is presented in percentage terms.</p>	

Data protection	
Confidentiality and anonymity	<p>The responses collected from the young people are anonymous and no personal data is collected.</p> <p>Your school profile will be kept confidential. Only selected officers of the Council will have access to school-level figures. The officers may seek a meeting to discuss ways in which the Council can support a school in responding to their results</p>
Safeguarding	A school will be alerted to any information raising safeguarding concerns.
GDPR	Hillingdon Council have a service level agreement with SHEU received and are satisfied with the arrangements in place to ensure adherence to GDPR.
Privacy notice	SHEU have a privacy notice that should be shared with pupils and parents.
What do schools need to do?	
Identify a named member of staff	You will need to provide the contact details of a named member of staff to manage and supervise the completion of the questionnaire
Register	Each school needs to sign up to the survey https://www.sheu.org.uk/register
Familiarise yourself with the school pack	Once registered you will receive all the materials needed to carry out the survey, including model letters for parents/carers, briefing notes for staff, questionnaires and feedback forms
Inform people	Brief colleagues, parents/carers, and the pupils, in advance of the survey.
identify the classes/forms	<p>Please aim to have each class / form in the year group complete the survey.</p> <p>If this is not possible, please provide a balance of gender, ability and community background reflecting the school's community;</p>
Allocate time for the survey to be completed during the survey period	<p>Allocate up to 60 minutes of lesson time. A lesson will be sufficient time.</p> <p>How you organise classes and groups is your choice. You may split a year group over a couple of days.</p> <p>Be flexible where possible to include children with poor attendance patterns.</p> <p>You may choose to brief children and young people on certain aspects of the process in assembly or tutorials, e.g. that the survey is happening and why it's important, data protection</p>
Book I.T	Remember the survey is completed online.
Participation	
Do I have to participate?	No school or pupil will be made to take part, but we hope for a very positive response.

Can parents withdraw?	Parents can opt out of their children taking part. Parents who raise concerns can view a copy of the questionnaire in school. Copies must not be shared outside of the school.
Important dates	
Registration deadline	By 20 th October 2023
Survey period	We require all participating schools to complete the survey during the 3 week period of 6 th – 24 th November 2023
School Profile report	By end of January 2024
Contact details	
LBH Project Manager	Julia Heggie jheggie@hillingdon.gov.uk Hillingdon Council Public Health Team
Research manager	Dr David Regis
LBH Education / Children Services	This work is supported by the Head of Education and Lifelong Learning within Children Services.
Feedback from other surveys	
<p><i>"The SHEU survey has a major impact on our SDP, PHSE curriculum, Ofsted outcomes and Governor understanding. As a result of taking part and using the evidence provided we were able to offer more support for students which had a direct impact on improved attendance and outcomes." Deputy Head Secondary School</i></p> <p><i>"Our primary school has used the data from SHEU questionnaires. Responses from our Year 4 cohort caused us concern, so we put in place a number of team building, motivational projects. We then assessed their effectiveness by requesting the SHEU survey for these pupils as Year 5s." Primary School Learning Mentor</i></p> <p><i>"We have always found the (survey) results hugely helpful in informing our PSHCE & SMSC programme." Headteacher</i></p> <p><i>"I have never looked at myself in this way before." Pupil</i></p> <p><i>"We used so much of those data and did so much with it in schools - we really got the place buzzing!" Consultant in Public Health</i></p>	

