

## **Key Information**



## What will the Mental Health Youth board do?

- Sharing ideas and experiences around waiting for mental health services
- Exploring what support is offered to young people when they are waiting to access mental health services
- Help us create London wide support and solutions to help improve waiting times for accessing mental health services
- Reviewing evidence, data, and insights
- Work with team to co-develop a proposal for young people to engage in projects and activities to support the waiting times work going forward

## When will this work take place and what is expected?

- Commit to attending 4 meetings taking place October half term 2023, Nov 2023, Dec 2023, January 2024
- 1-2 meetings will take place in person and the rest will be online