



**The Cyber Choices programme looks to divert at risk individuals, or those who have been involved in low level offending, away from criminality and towards rewarding careers and educational opportunities within the digital space. Providing them with support and an opportunity to develop their technical abilities in a positive and ethical way.**

# Programme

## Aims

- Explaining the difference between legal and illegal cyber activity
- Encouraging individuals to make informed choices in their use of technology
- Increasing awareness of the Computer Misuse Act 1990
- Promoting positive, legal cyber opportunities

# Cyber Choices

The Cyber Choices programme was created to help people make informed choices, and to use their cyber skills in a legal way.

This is a national programme co-ordinated by the National Crime Agency (NCA) and delivered by Cyber Choices teams within Regional Organised Crime Units (ROCU) and Local Police Force Cyber Teams.

Cyber Choices is a voluntary, early intervention programme that seek to promote the positive aspects of the cyber world, while also looking to deter individuals from cyber criminality.

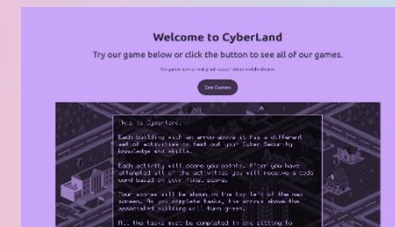
The work done by our team includes:

**Working with those on the periphery of cyber crime/those who may have committed cyber crime; and diverting them to more positive pathways**

**Promoting interesting and legal ways to use and develop cyber skills including online competitions**

**Giving presentations, for example at school assemblies, youth clubs or conference.**

**Attending events such as gaming and computer exhibitions**



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# Working with Individuals

There may be times when you come across an individual who you are concerned may be vulnerable to being drawn in to cyber criminality. If so please consider making a referral to our Cyber Choice team.

If you have any queries about referrals or would like any advice then please don't hesitate to get in touch with our Cyber Choices team via email: [cyberchoices@met.police.uk](mailto:cyberchoices@met.police.uk)

We would also encourage you to explore the other services and products we offer. These include, presentations on the CMA and keeping yourself safe online, signposting as well as print and digital resources. More information on each can be found on our website:

<https://www.met.police.uk/cyberchoices>



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## The Programme

Programmes are bespoke to the individual and are comprised of both:

Educational inputs, which look at raising awareness of the Computer Misuse Act 1990 and what constitutes illegal vs legal behaviour online.

Interventions: Varying region to region they including access to online e-learning platforms as well as in person and virtual workshops with industry professionals.

The programme doesn't look to divert anyone's interest in cyber, but instead aims to engage with them, providing the support and guidance they need to develop their interest and put them on a positive path.

# Referrals, Services & Contact

## Website:

[www.met.police.uk/cyberchoices](http://www.met.police.uk/cyberchoices)

## Email:

[cyberchoices@met.police.uk](mailto:cyberchoices@met.police.uk)

# What to look out for

There are many factors and motivations that could make someone vulnerable to cyber criminality. Signs of vulnerability may be apparent, for example if an individual has attempted to hack a computer network. Or subtle, with an individual mentioning in conversation their use of cyber tools like booters to knock their friend's offline while gaming.

Subtle or obvious if you have any concerns, however slight, we are on hand to provide help and advice should you need it. Whether it be advise on how to best approach the situation, signposting to useful online resources or how to make a referral to our team.



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# Products & Resources

As well as delivering presentation we've also created a range of age appropriate brochures and leaflets.

Available for free in print and digital formats.

They cover the opportunities available online to legally test and develop your cyber skills, as well as inputs on the CMA.



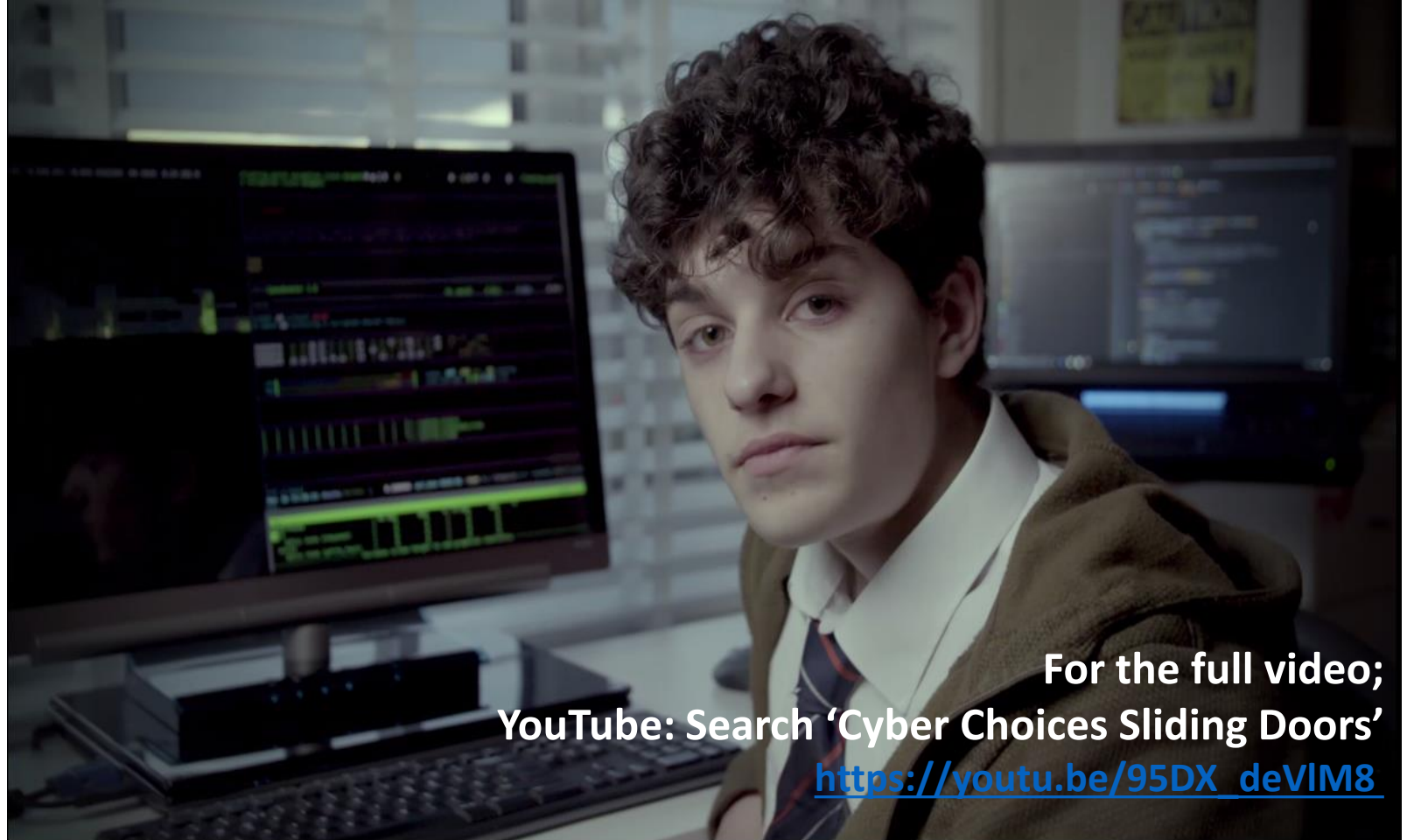
*All the above materials can be found at the following link:*

<https://www.met.police.uk/advice/advice-and-information/wsi/watch-schemes-initiatives/cc/cyber-choices/resources/>

## Educational video: Choices v Consequences

Young, talented student Kai has exceptional cyber skills, and a bright future ahead of him but he is then challenged whilst online to use his skills for illegal hacking!

Kai must decide whether to venture down a dangerously unpredictable path, hurtling towards offences against The Computer Misuse Act 1990 and a collision course with the cops, or use his coding skills legitimately to help his friend create a new and exciting mobile phone app which could lead to a lucrative business contract.



For the full video;  
YouTube: Search 'Cyber Choices Sliding Doors'  
[https://youtu.be/95DX\\_deVIM8](https://youtu.be/95DX_deVIM8)

Overview of the law that governs the cyber landscape in the UK:

## SECTION 1

Unauthorised access to computer material.

## SECTION 2

Unauthorised access with intent to commit or facilitate commission of further offences.

## SECTION 3

Unauthorised acts with intent to impair, or with recklessness as to impairing, operation of a computer.

## SECTION 3ZA

Unauthorised acts causing, or creating risk of, serious damage.

## SECTION 3A

Making, supplying or obtaining articles for use in an offence under section 1, 3 or 3ZA.

# ROCU

## Contact List

For more about the programme itself please visit:

[cyberchoices.uk](http://cyberchoices.uk)

Regional Unit	Forces Covered	Contact Details
(NERSOU)	Northumbria, Country Durham & Teesside	<a href="mailto:NERCCU.Prevent@durham.pnn.police.uk">NERCCU.Prevent@durham.pnn.police.uk</a>
(ODYSSEY)	North Yorkshire, West Yorkshire, South Yorkshire & Humberside	<a href="mailto:cyber@yhrocu.pnn.police.uk">cyber@yhrocu.pnn.police.uk</a>
(NWROCU)	Cumbria, Lancashire, Merseyside, Greater Manchester, Cheshire & North Wales	<a href="mailto:titan.cyber.crime@titan.pnn.police.uk">titan.cyber.crime@titan.pnn.police.uk</a>
(TARIAN)	Dyfed Powys, South Wales & Gwent	<a href="mailto:Tarian-RCC@south-wales.pnn.police.uk">Tarian-RCC@south-wales.pnn.police.uk</a>
(WMROCU)	Staffordshire, Shropshire, West Midlands, Herefordshire, Worcestershire & Warwickshire	<a href="mailto:rccu@west-midlands.pnn.police.uk">rccu@west-midlands.pnn.police.uk</a>
(EMSOU)	Derbyshire, Nottinghamshire, Lincolnshire, Leicestershire, Rutland & Northamptonshire	<a href="mailto:EMSOU_CyberPrevent@Leicestershire.pnn.police.uk">EMSOU_CyberPrevent@Leicestershire.pnn.police.uk</a>
(ERSOU)	Norfolk, Suffolk, Essex, Hertfordshire, Bedfordshire & Cambridgeshire	<a href="mailto:cyberprevent@ersou.pnn.police.uk">cyberprevent@ersou.pnn.police.uk</a>
(SWROCU)	Gloucestershire, Wiltshire, Avon & Somerset, Dorset, Devon & Cornwall	<a href="mailto:SWCyberPrevent@avonandsomerset.pnn.police.uk">SWCyberPrevent@avonandsomerset.pnn.police.uk</a>
London	The Metropolitan Police Service City of London	<a href="mailto:cyberchoices@met.police.uk">cyberchoices@met.police.uk</a> <a href="mailto:Cyber.Griffin@city-of-london.pnn.police.uk">Cyber.Griffin@city-of-london.pnn.police.uk</a>
(SEROCU)	Oxfordshire, Buckinghamshire, Berkshire, Hampshire, Isle of Wight, Surrey, Sussex & Kent	<a href="mailto:cyberprevent@serocu.pnn.police.uk">cyberprevent@serocu.pnn.police.uk</a>