



Hello from the NSPCC Schools Service!

My name is Porsche Thomas, your Schools Coordinator and point of contact in Hillingdon for all things NSPCC!

I am looking forward to getting to know all the schools across Hillingdon and have recently been in contact with some of you who have booked our **Speak Out Stay Safe** online assemblies. I am glad to say that we have already reached 73% of schools across the borough!

Speak Out Stay Safe is our **free of charge** Safeguarding programme aimed at primary school-aged pupils. Further information can be found here: www.nspcc.org.uk/speakout. We also offer a 6 session SEND programme to primary and secondary special schools developed in partnership with Image in Action.

We want to reach out to schools looking for a revisit, or that are yet to benefit from our gentle safeguarding messages, **at no cost to the school**, so that we can confidently say that **all schools** across Hillingdon are working with the NSPCC to ensure that their pupils know how to **Speak out** and **Stay safe**.

Speak out Stay safe has recently undergone a refresh, and we currently offer online pre-recorded assemblies for children aged 5-11 years old along with additional, fully prepared, classroom resources, to extend learning. We also have face-to-face workshops delivered by our amazing volunteers to support and reiterate the key messages of the programme. We also offer termly fundraising opportunities for schools to take part in, such as 'Number Day', 'The Kindness Challenge' and 'Childhood Day', which helps embed the Safeguarding messages even more.

The **Speak out Stay safe** programme has been designed to link directly to the curriculum, which helps schools demonstrate they are meeting Safeguarding inspection requirements and supports the new mandatory Relationship Guidance.

I would be happy to discuss any aspect of the "SOSS" or SEND programmes and can also provide a list of **free resources** that are available to your school. You can register your interest here www.nspcc.org.uk/speakout or simply email me and we can arrange a short guidance call or arrange dates for you to deliver the assemblies.

I look forward to hearing from you very soon. Please do drop me an email or call me to discuss how we can support your school.

Best wishes, Porsche

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