

NSPCC

The NSPCC Schools Service

**Still here for children -
supporting you to keep children
safe**

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Overview

- Summary of our Speak out Stay safe programme for Primary Schools
- Our Speak out Stay safe SEND/ASN/ALN programme
- Our Talk Relationships offer for Secondary Schools
- Updates on services, advice and resources for parents/carers for use at home
- Next steps



The UK wide and local picture

In February 2020, we reached our goal of delivering Speak out Stay safe into **90%** of primary schools across the UK.

Since the programme launched in 2011, we have reached **22,150 schools** at least once across 215 LEAs.

We continue to adapt our messages and materials so we can support children to stay safe.



Speak out Stay safe programme

Our programme helps children learn and remember:

- The different ways a child can be hurt by others.
- Every child has the right to speak out and stay safe.
- Making a child feel sad, scared or worried is never OK and is never their fault.
- If they're ever worried they know who to talk to, to get help.
- Whatever their worry, they can always call Childline on 0800 1111 or visit childline.org.uk/kids.



Speak out Stay safe programme

There's a virtual assembly for:

- Ages 5-7
- Ages 7-11

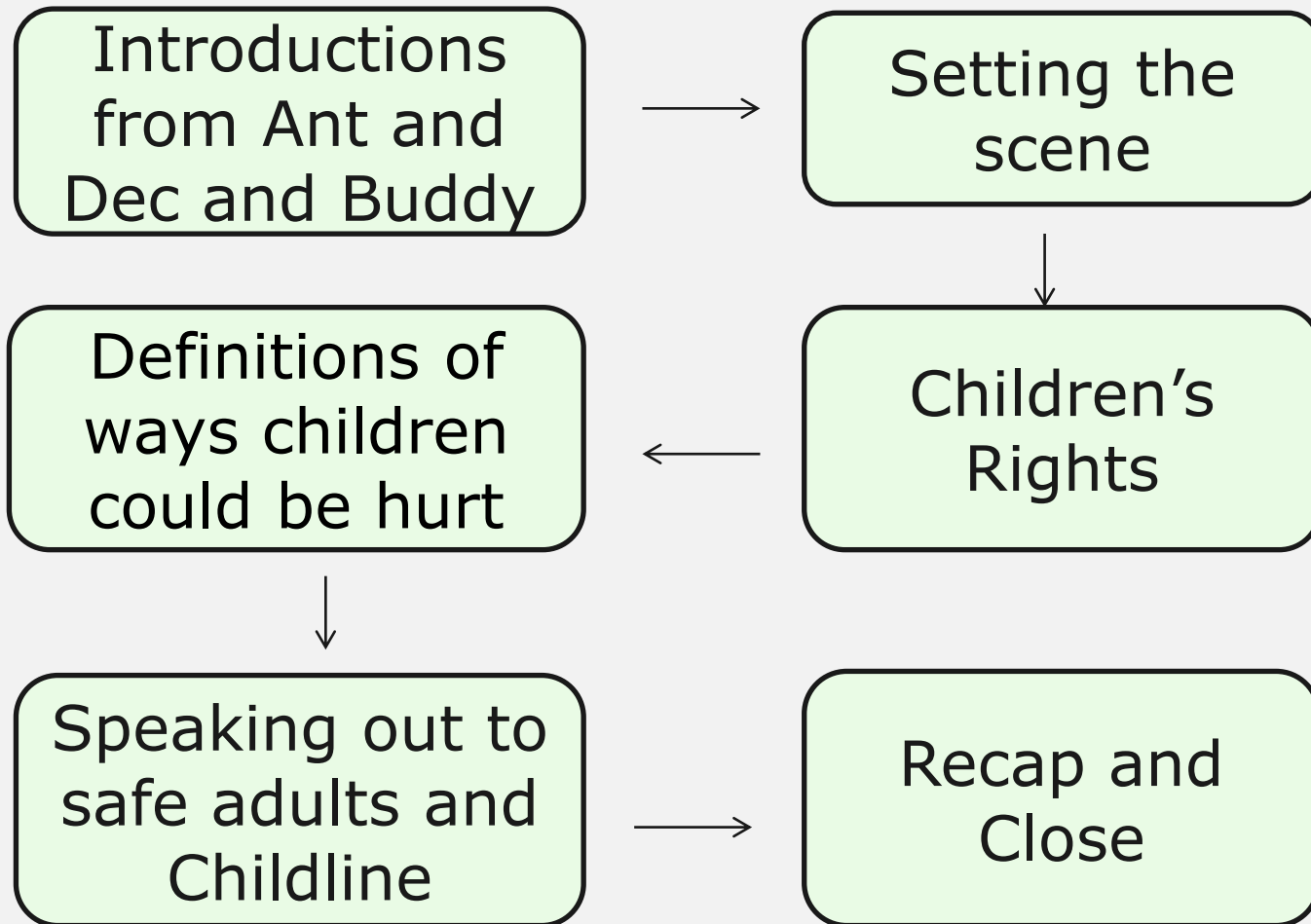


There are bilingual Welsh and BSL versions available as well.

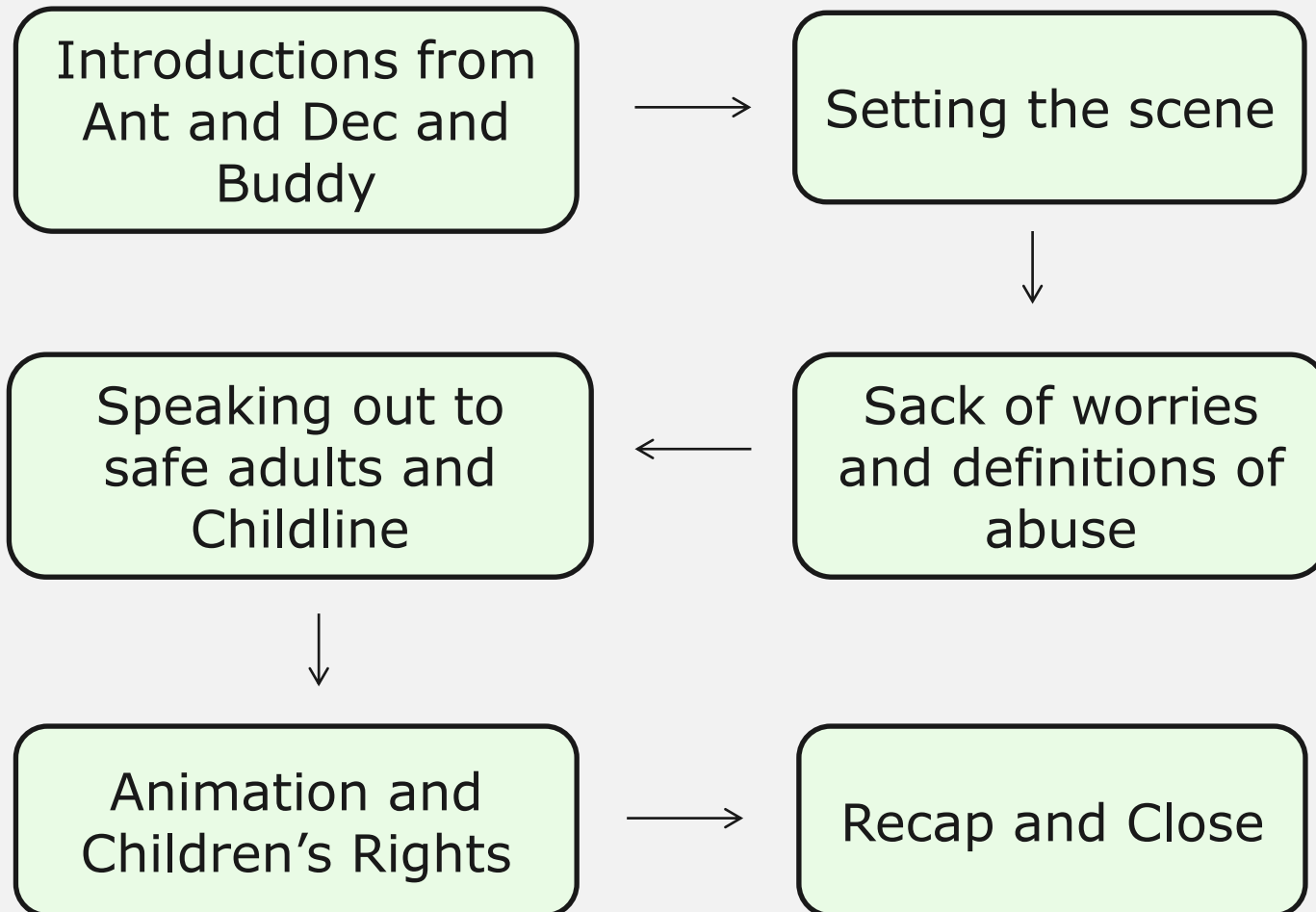
In addition to the virtual assemblies we have:

- A letter for parents/carers.
- An assembly lesson plan.
- Follow-up lesson plans for ages 5-7 and ages 7-11.
- Resources.
- Feedback surveys.
- Display Materials
- Completion Certificate
- Curriculum Planning Document

Ages 5-7 virtual assembly content



Ages 7-11 virtual assembly content



Workshop for ages 9-11

In areas where we have volunteer capacity we are able to offer a volunteer led face to face workshop for children aged 9-11.

What do you think?

Someone says that what is going on is a secret.



The workshop is an hour and covers:

- Recap of the ages 7-11 virtual assembly.
- An ok/not ok activity focussed on sexual abuse.
- Guy's story activity focussed on neglect.
- Speak out Stay safe kit activity.

Workshop for ages 6-7

In areas where we have volunteer capacity we are able to offer a volunteer led face to face workshop for children aged 6-7.



The workshop is half an hour and covers:

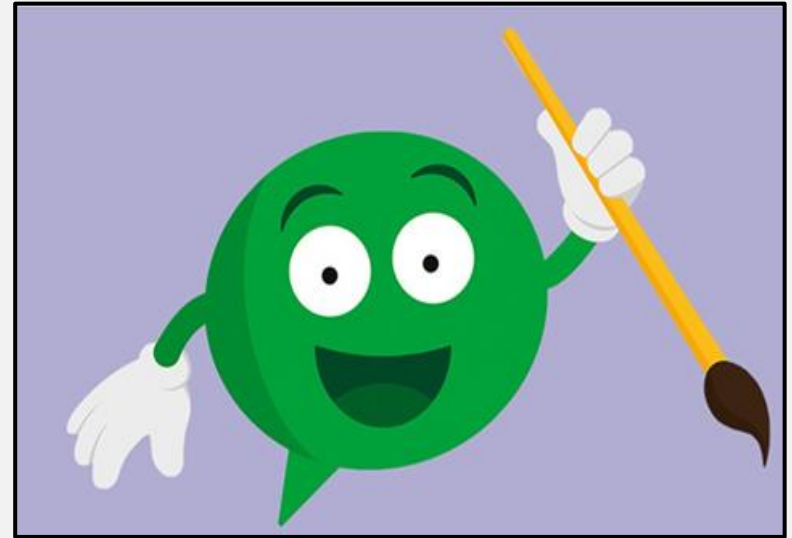
- Recap of the ages 5-7 virtual assembly.
- Matching forms of hurt
- Sam's story and feelings.
- Safe adults group work.
- Buddy Kit activity.

Speak out Stay Safe home-learning

We have fun at-home activities, to help children remember the key safeguarding messages.

Parents and carers can access the online activities at:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/>



Speak out Stay safe SEND/ASN/ALN

6 session flexible programme to help your pupils understand what abuse is and provide them with strategies to keep themselves safe - including trusted/safe adults.

- Materials intended for children with moderate learning disabilities, autism spectrum conditions or other additional learning needs.
- Schools with pupils with severe, complex and profound disabilities have successfully adapted and delivered the programme.
- Programme is adaptable to meet the needs of your pupils, delivered by school staff with our support.
- Each session has a summary sheet, lesson plan, list of resources, scripts for stories and additional activities to support learning.
- The programme fits with the curriculum.
- You can also use our virtual assembly to support the programme.

What is Talk Relationships?



An **elearning course for educators** to feel confident when delivering relationships & sex education



An **e-learning course for school leaders;** implementing a whole school approach



14 lesson plans created by experts from PSHE Association & NSPCC



6 specialist lesson plans for young people with **SEND/ASN/ALN**



A **dedicated helpline** to provide advice and guidance to secondary school educators who deliver sex education

Call **0800 389 5347** or email **help@nspcc.org.uk** with "Talk Relationships" in the subject line.


We are available from 8am-10pm Monday to Friday and 9am-6pm on Saturday and Sunday.

Teacher Feedback

98% teachers felt the course was effective or very effective.

83% teachers felt the training was relevant to their work with children and young people.

83% felt the training made a difference to their professional practice.



“It has made me consider the way I interact with all my students when dealing with sensitive issues”

Also from the NSPCC...

Childline

Childline is always here for children – whatever their worry. Children can always contact a Childline counsellor:

- On the phone on 0800 11 11 for free.
- Through our [Deaf Zone](#) and [Sign Video Service](#) for d/Deaf children.
- Online with 1-2-1 chat or email counselling at www.childline.org.uk.

We have age appropriate information and advice available:

- www.Childline.org.uk/kids is specially for under 12s.
- We have a new [Buddy Zone](#) for more safety advice.
- Childline's [games](#), are a safe way to relax and play online.
- The tool box helps beat stress and feel calmer with Childline's [Build your happy place](#), mood journal and Calm zones.
- Message boards can help young people share experiences.
- Ask Sam is a weekly series of advice letters.

Childline continued

The Childline website has an accessibility tool too, you can find out about it by clicking on the accessibility link in the 'Get Support' menu. Children can use it to:

- Read the website out to them
- Change the text size and font
- Change webpages to just text only
- Add a mask or ruler to help you focus on just part of the page
- Magnify parts of the webpage
- Translate the website in to over 120 languages



NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact the NSPCC Helpline.

It's never too soon to speak out when a child needs help, and whatever it is you're worried about, our dedicated NSPCC child protection specialists will be able to advise and take any necessary action.

It doesn't have to be an emergency. In fact, every day roughly half of all the calls and messages taken by our friendly team are for guidance and support. This is across a huge range of issues affecting children – from health concerns and relationship difficulties, to bullying and problems on social media.

You can call the [NSPCC Helpline](#) from Monday to Friday, 8am–10pm, or 9am–6pm at the weekend. Or [contact us online](#) or via help@nspcc.org.uk any time that suits you. www.nspcc.org.uk/helpline or phone 0808 800 5000.

Talk PANTS

Aimed at children aged 3-11, Talk PANTS is a simple conversation to help keep children safe from sexual abuse.

- **Webpage for parents** with Pantosaurus song and information about the 5 PANTS rules www.nspcc.org.uk/pants
- **Webpage for professionals** with lesson plan, powerpoint, template letter for parents and school display pack
<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>
- **Storybook - Pantosaurus and the Power of PANTS!**
<https://shop.nspcc.org.uk/products/pantosaurus-and-the-power-of-pants>
- **Pantosaurus song**
<https://www.youtube.com/watch?v=-IL07JOGU5o>



Online safety

- **Online Safety Hub** for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more.

www.nspcc.org.uk/onlinesafety

- **Online Safety newsletter** www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-newsletter

- **Keeping Children Safe Online blog** - Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.

www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog

- **Keeping Children Safe Online parent workshop**

www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops

Talk PANTS continued

www.nspcc.org.uk/pantsguides

- **Talk PANTS with Makaton** 6 short films, printable prompt card pack, children's booklet, and guide for parents and carers using Makaton Language Programme
- **Guide for adults** including adapted versions for foster carers, parents with a learning disability and parents of children with autism
- **Guide for parents and carers in different languages** including Welsh, Arabic, Bengali, Chinese, Gujarati, Irish Gaelic, Latvian, Lithuanian, Polish, Portuguese, Punjabi, Romanian, Russian, Tetum and Urdu
- **Guide for children** including adapted versions for children with learning disabilities and children with autism
- **BSL Talk PANTS film**



Look, Say, Sing, Play

Look, Say, Sing, Play is a set of resources which encourage interaction between parents and their babies. Parents and carers interact with their babies all the time without always realising how those interactions shape the way their baby's brain develops. Improving interaction and encouraging parents to be more sensitive to their baby's cues helps parents identify and respond to their needs. It also improves sensitivity of parents from an early stage, setting up positive behaviour as their child grows.

- **Information for parents** including chatbot, sign up for weekly emails and link to YouTube playlist www.nspcc.org.uk/brain-building
- **Information for professionals** including posters, activity sheets and downloadable flashcards
<https://learning.nspcc.org.uk/research-resources/leaflets/look-say-sing-play-early-years-resources-parents>



More resources for parents/carers

- **Support for parents hub** www.nspcc.org.uk/keeping-children-safe/support-for-parents
- **Positive parenting guide** <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>

More resources for schools

It's Not OK - Teaching resources about positive relationships, how to recognise concerning or abusive behaviour and what to do about it.

Love Life - Films and activities to help young people with special educational needs and learning disabilities learn about emotions, relationships and identity.

For more information please visit:

<https://learning.nspcc.org.uk/safeguarding-child-protection-schools/relationships-health-and-sex-education-resources>

For teaching resources and lesson plans please visit:

<https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans>

NSPCC Learning – Safeguarding resources and child protection training

Safeguarding resources and child protection training for schools.

Free monthly safeguarding emails [\[link\]](#)

Our Safeguarding in Education Update keeps you up to date with all the latest child protection news.

Lesson plans and classroom resources [\[link\]](#)

Teaching resources for primary, secondary & special needs. Topics include bullying, RSE and e-safety.

Briefings and practical guidance [\[link\]](#)

Up to date summaries of key safeguarding legislation and practice guidance for schools.

Safeguarding resources and child protection training for voluntary and community groups.

Free newsletters and email alerts [\[link\]](#)

Our emails keep you up to date with the latest safeguarding news.

Resources for voluntary and community groups [\[link\]](#)

A range of resources to help you, whether you're just starting out or reviewing existing processes.

Writing safeguarding policies and procedures [\[link\]](#)

What you need to include and consider when writing your policy statement and procedures.

Safeguarding resources and child protection training for anyone working or volunteering with children.

Free newsletters and email alerts [\[link\]](#)

Our emails keep you up to date with the latest safeguarding news.

Briefings and practical guidance [\[link\]](#)

Up to date summaries of key safeguarding legislation and practice guidance.

Research findings [\[link\]](#)

All the latest NSPCC insights about children, young people and their families.

NSPCC Learning – Safeguarding resources and child protection training

Safeguarding resources and child protection training for schools.

Self-assessment tool [\[link\]](#)

Audit your school's safeguarding and child protection policies with our free online checklist.

Online and in-person training courses [\[link\]](#)

Our courses help you to respond to abuse, recruit safely & ensure your school remains safe for students.

Follow NSPCC Learning on LinkedIn [\[link\]](#)

Keep up to date with all of our latest blogs, podcasts and safeguarding updates.

Safeguarding resources and child protection training for voluntary and community groups.

Self-assessment tool [\[link\]](#)

Audit your organisation's safeguarding and child protection policies with our free online checklist.

Online and in-person training courses [\[link\]](#)

We have a range of introductory and advanced training courses, including safer recruitment training.

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Keep up to date with all of our latest blogs, podcasts and safeguarding updates.

Safeguarding resources and child protection training for anyone working or volunteering with children.

Self-assessment tool [\[link\]](#)

Audit your organisation's safeguarding and child protection policies with our free online checklist.

Online and in-person training courses [\[link\]](#)

Our courses include safer recruitment and designated safeguarding officer training.

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Consultancy

Consultancy packages:

Tailored to suit your setting. Find out more here:

<https://learning.nspcc.org.uk/services/child-protection-consultancy>



Next steps

- You can find out more about Speak out Stay safe here:

[nspcc.org.uk/speakout](https://www.nspcc.org.uk/speakout)

- A school can request the programme by visiting the registration page:

<https://learning.nspcc.org.uk/services/schools-form>

- For more information about our new service Talk Relationships please visit:

<https://learning.nspcc.org.uk/services/talk-relationships>

- To find out more about our other services, please go to

<https://learning.nspcc.org.uk/>

- We can also put schools in touch with a local Schools Service Schools Coordinator. Please email us at:

schools@nspcc.org.uk

Supporting the NSPCC



You can visit our Schools fundraising Platform for fundraising ideas, support and payment advice <https://www.nspcc.org.uk/support-us/charity-fundraising/schools-fundraising-ideas/>

NSPCC



Thank you

Any questions?

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