# Challenging Stigma in Safeguarding: A Think Family Approach to Addictions

# Wednesday 19 June 2024



Centr

# Programme

# **Event facilitated by:**

- Colleen Simon, Head of Social Work, Social Care, Safeguarding Adults and MCA
- Emma Kay, Head of Safeguarding Children

#### Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN\_VuP9lixRSUKE1DHF\_nQhsg

Full day attendance will equate to Children and Adult Level 3 safeguarding training for CNWL staff upon completion of our conference evaluation

Please see below for notes on speakers

Time	Agenda	Speaker
09:30 – 09:35	Housekeeping/Hosting	Colleen Simon/Emma Kay
09:35 – 09:40	Conference Welcome	Claire Murdoch
09:40 – 10:30	Keynote Speaker Gangs and the Impact on Families	Gwenton Sloley
10:30 – 10:40	Coffee/Tea Break	
10:40 – 11:30	Gaming: A Family Problem and a Family Solution	Alison Smith
11:30 – 12:20	'Where Stigma and Safeguarding collide: The Impact of Gambling Harm on Families'	Jenny Cousins
12:20 – 12:50	Lunch Break	
12:50 – 13:40	Managing Safeguarding Complexity: An Addictions Case Study	Emily Clare
13:40 – 14:30	Homelessness, Substance Use and Safeguarding. Challenging Stigma and Offering Support through Practice.	Sean Tizard / Sophie Parr
14:30 – 14:50	Learning from the Occurrence of Substance Use in Domestic Abuse Related Death Reviews 'DARDR'	Susan Bray
14:50 – 15:00	Awards: Announcement for Adult and Child Safeguarding Practitioner / Safeguarding Adult / Child Team of the year	Catherine Knights
15:00 – 15:15	Closing comments	Colleen Simon/Emma Kay

# **Speakers**

### **Colleen Simon**

Colleen is Head of Social Work, Social Care, Adult Safeguarding and the Mental Capacity Act at CNWL. Specialising in mental health and substance misuse, she has been a practising social worker since 2003 working in a variety of mental health/criminal justice and substance use posts. She is a qualified Approved Mental Health Professional and Best Interest Assessor and has a MSc in mental health & substance use. She has worked in management/leadership roles since 2013 and been involved in social work education, as a practice educator, trainer and lecturer and is passionate about anti-discriminatory practice and advocating for minority communities.

#### **Emma Kay**

Emma is the Head of Safeguarding Children at CNWL. She provides leadership and expertise to support the Safeguarding Children agenda across the Trust. She is also the FGM Lead within CNWL and is a trainer for FGM and Harmful Practices. Emma has worked in a variety of Safeguarding Children roles as a Named Professional, Safeguarding Children Nurse Specialist and been the lead clinician for unexpected death in children. Emma is a Children's Nurse and Health Visitor by background and has worked in a wide range of acute and community settings. Emma supports the CNWL vision for safeguarding, that every adult and child have the fundamental right to feel safe and protected from abuse and neglect through person-centred and child-centred principles.

#### **Claire Murdoch**

Claire is Chief Executive of Central and North West London NHS Foundation Trust. With a wealth of clinical and leadership experience she is leading delivery of the National Mental Health programme. Claire is NHS England's National Mental Health Director and has been a registered mental health nurse since 1984.

#### **Gwenton Sloley**

Gwenton, is a co-founder of the London Gang Exit program which has been instrumental in saving the state over £6 million by facilitating the relocation of young individuals and their families to secure safe houses. With over 16 years of experience in the housing sector, these safe houses not only provide a sanctuary for the youth and their families but also offer comprehensive after-care and wraparound services, paving the way for a fresh start. Throughout his career, he has actively contributed to the professional development of individuals in related fields through his training programs and publications, by staying deeply connected to the communities he serves.

#### **Alison Smith**

Alison is a Psychotherapist who has worked within the CNWL Addictions Directorate with individuals, couples and families for over twenty-eight years. She has worked in the National Centre for Gaming Disorder for the past three years which has afforded the opportunity to bring her Systemic clinical experience to the exciting, emerging and complex new arena of behavioural addiction through Gaming Disorder with a family focus at the fore-front of treatment. Alison respects the wealth of resources and unique understanding that clients bring to sessions and aims to work creatively along-side them in ways that accentuate their individual and collective resilience. Equally, as a member of a multidisciplinary team, Alison draws on and values the different clinical experience and perspectives that can enrich the experience of treatment offered in the clinic, alongside the connections with external teams and agencies which provide continued support for the well-being and safeguarding concerns for the families in their community.

# **Jenny Cousins**

Jenny is a Systemic family psychotherapist who has spent over 20 years working in addictions and 15 years working with families affected by gambling harm. She has worked at the National Gambling Clinic since it opened and currently shares her time between there and the East of England Gambling Clinic.

## **Emily Clare**

Emily is an Area Manager within Addictions, based in Milton Keynes and has worked for CNWL since 2021. Prior to this she spent many years working in Children and Young People's Services covering Addictions and Children's Social Care services. Emily has managed contextual safeguarding teams for adolescents and delivered training to Local Authorities on exploitation and drug and alcohol use in young people and vulnerable adults. Emily has also previously managed Addictions Teams working within Safeguarding Plus models.

### Sean Tizard

Sean is a Social Worker and the Team Manager of the Bi-borough Kensington and Chelsea and Westminster Dual Diagnosis Team. The Dual Diagnosis Team are a specialist team that work alongside CNWL mental health services offering support for people who have co-occurring mental health and substance use issues. Sean has worked in social care for 25 years in a variety of settings in both the statutory and voluntary sectors in the fields of mental health, addiction, homelessness, learning disability and sensory impairment. Sean has been an Approved Mental Health Professional (AHMP) for ten years and is also a Safeguarding Adults Manager.

### **Sophie Parr**

Sophie is the Senior Dual Diagnosis Practitioner in the Bi-Borough Dual Diagnosis Team. She is a Social Worker by background and an AMHP. Sophie has worked in roles promoting social care for 14 years. Initially she worked at a policy level, influencing legislation around child poverty, criminal justice, learning disability and young carers. After retraining as a Social Worker, she worked in generic secondary mental health services, homelessness services and addictions services.

# **Susan Bray**

Susan is a qualified Social Worker, with 20 years + experience working in substance use and mental health, including as an Approved Social Worker, Susan is the Domestic Abuse lead for the Trust and is trained in providing a coordinated community response within Domestic Abuse leadership, she has an MA in applied Social Work and Mental Health and has extensive strategic experience and training in working systemically in developing services and support for families impacted by Substance Use and Mental health.

### **Catherine Knights**

Catherine is the Director for Quality in CNWL. Catherine trained as a General Nurse and Health Visitor, and has worked in several management / leadership roles since 1987 including the Director of Operations. Catherine is co-chair of Safeguarding Adult case review groups in a number of London boroughs and has contributed to the development of key safeguarding work and strategy across London.