HEALTHY LIVES FOR YOUNG PEOPLE



We are commissioned by Hillingdon Council.

Please email <u>onwl@brook.org.uk</u> or

amber.newman-clark@brook.org.uk to book

We offer 15-30 minute assembly's to Year 9 upwards on Introduction to sexual health and accessing local services.

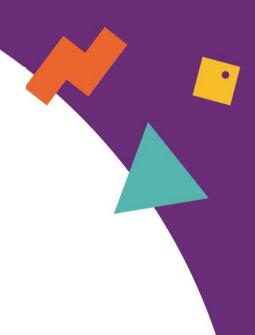
Learning outcomes:

- What is sexual health?
- What is sex?
- How can you keep yourself safe?
- How to access local health and support services in your area

For more information about Brook, visit our website: www.brook.org.uk



HEALTHY LIVES FOR YOUNG PEOPLE



Brook are offering relationship and sexual health education workshops to young people across Hillingdon.

We are commissioned by Hillingdon Council.

Please email <u>onwl@brook.org.uk</u> or <u>amber.newman-clark@brook.org.uk</u> to book

See <u>here</u> for topics for delivery

For more information about Brook, visit our website: www.brook.org.uk



HEALTHY LIVES FOR YOUNG PEOPLE

Brook provide **free** professionals training across Hillingdon.

Our professional training sessions:

- Directly address young people's needs around relationships and sex
- Deepen knowledge on key subjects
- Provide guidance on how to challenge discrimination around sexuality, race and disability
- Help you to explore your own values, beliefs and religious, moral and ethical dilemmas

Book here

Any questions email: onwl@brook.org.uk or onwl@brook.org.uk

For more information about Brook, visit our website: www.brook.org.uk



HEALTHY LIVES FOR YOUNG PEOPLE



Brook are offering the My Life One- to One programme to young people aged 11-25 across Hillingdon.

We are commissioned by Hillingdon Council.

Brook One-to-One My Life Programme

The work requested must be for education purposes only as this **is not a counselling service**. To refer a young person to Brook for the MyLife one-to-one programme fill out the form here

If you are unsure about a referral or wish to discuss this in more detail please contact your local coordinator:

Amber Newman-Clark

onwl@brook.org.uk

07748755212

For more information about Brook, visit our website: www.brook.org.uk

