

How I see myself

Remember!

- a = Yes, definitely true about me.
- b = Yes, a bit true about me.
- c = Not sure. Sometimes true and sometimes not.
- d = Not very true about me.
- e = No, definitely not true about me.

Be as honest as you possibly can. Circle the letter that describes you best.

		a	b	c	d	e	Score
1	I'm good at doing tests.						
2	I like having problems to solve.						
3	When I'm given new work to do, I usually feel confident I can do it.						
4	Thinking carefully about your work helps you to do it better.						
5	I'm good at discussing things.						
6	I need lots of help with my work.						
7	I like having difficult work to do.						
8	I get anxious when I have to do new work.						
9	I think that problem-solving is fun.						
10	When I get stuck with my work, I can usually work out what to do next.						
11	Learning is easy.						
12	I'm not very good at solving problems.						
13	I know the meaning of lots of words.						
14	I usually think carefully about what I've got to do.						
15	I know how to solve the problems that I meet.						
16	I find a lot of schoolwork difficult.						
17	I'm clever.						
18	I know how to be a good learner.						
19	I like using my brain.						
20	Learning is difficult.						

TOTAL SCORE

