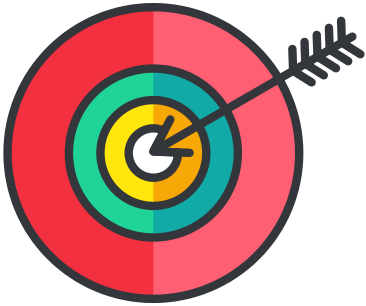


A guide to

Goal Attainment Scaling



- 2 Baseline
- 1 Less than expected outcome
- 0 Expected outcome
- 1 More than expected outcome
- 2 Much more than expected outcome

Goal Attainment Scaling is a 5-point scale which can be used to evaluate progress towards educational goals.



Step 1: Prioritise and establish goals

- Prioritise a maximum of **3 goals** to focus on
- Goals should be positively worded and Specific, Measurable, Achievable, Realistic and Time-limited
- Keep in mind the principle "Small changes can lead to bigger changes" when setting realistic goals



Step 2: Set baseline descriptor

- The baseline descriptor is where you are now in relation to the goal
- An accurate description of the baseline descriptor is important to ensuring change can be effectively evaluated
- This constitutes '-2' on the scale



Step 3: Set your expected outcome

- Your expected outcome is what you expect to achieve following a determined period of intervention
- This ensures that everyone has a realistic expectation and shared understanding of what is hoped to be achieved
- This constitutes '0' on the scale



Step 4: Outline remaining elements of the scale

- This ensures shared understanding of expected and possible outcomes
- Now that we know what we want to achieve and where we are now, what would -1, +1 and +2 on the scale look like?



Step 5: Evaluate outcome

- Use pre-determined scaling to identify what has been achieved following intervention
- Has the intervention been effective?
- Keep in mind the principle "If it works do more of it; if it doesn't work, try something else" to determine next steps

An example

-2	Baseline	Jamie will attend school 2/5 afternoons per week
-1	Less than expected outcome	Jamie will attend school 3/5 afternoons per week
0	Expected outcome	Jamie will attend school 3/5 afternoons per week & 1 morning
1	More than expected outcome	Jamie will attend school 3/5 afternoons per week & 2 mornings
2	Much more than expected outcome	Jamie will attend school 3/5 afternoons per week & 3 mornings