

# How I see myself

## Remember!

- a** = Yes, definitely true about me.  
**b** = Yes, a bit true about me.  
**c** = Not sure. Sometimes true and sometimes not.  
**d** = Not very true about me.  
**e** = No, definitely not true about me.

Be as honest as you possibly can. Circle the letter that describes you best.

						Score
1	I'm good at doing tests.	a	b	c	d	e
2	I like having problems to solve.	a	b	c	d	e
3	When I'm given new work to do, I usually feel confident I can do it.	a	b	c	d	e
4	Thinking carefully about your work helps you to do it better.	a	b	c	d	e
5	I'm good at discussing things.	a	b	c	d	e
6	I need lots of help with my work.	a	b	c	d	e
7	I like having difficult work to do.	a	b	c	d	e
8	I get anxious when I have to do new work.	a	b	c	d	e
9	I think that problem-solving is fun.	a	b	c	d	e
10	When I get stuck with my work, I can usually work out what to do next.	a	b	c	d	e
11	Learning is easy.	a	b	c	d	e
12	I'm not very good at solving problems.	a	b	c	d	e
13	I know the meaning of lots of words.	a	b	c	d	e
14	I usually think carefully about what I've got to do.	a	b	c	d	e
15	I know how to solve the problems that I meet.	a	b	c	d	e
16	I find a lot of schoolwork difficult.	a	b	c	d	e
17	I'm clever.	a	b	c	d	e
18	I know how to be a good learner.	a	b	c	d	e
19	I like using my brain.	a	b	c	d	e
20	Learning is difficult.	a	b	c	d	e

TOTAL SCORE



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 Code 0090007976