



SEXUAL HEALTH & WELLBEING

DROP-IN SUPPORT AND 1:1 SUPPORT

13-19 year-olds in Hillingdon

KISS is a confidential sexual health and wellbeing service that provides advice and information on:

Healthy Relationships

- Safe place to talk about relationships, as well as understanding consent and boundaries.
- Signposting for further support.

Sexual health

- Information on where to access STI screenings - either at home or at a clinic.
- Advice on preventing STIs.

Pregnancy Testing

- Access free pregnancy testing.
- Information and support around options with pregnancy and preventing pregnancy.

KISS Drop-in

Drop-in sessions now run by appointment. To speak to a KISS advisor, please email: shwb@hillington.gov.uk and a member of the team will be in contact.

KISS 1:1 referrals

KISS offers one-to-one education support sessions for children and young people to help with questions around growing up, relationships and sexual health, and online safety including sexual images and grooming. Self-referrals are accepted, as well as referrals from parents and professionals.



Scan the QR code to make a referral

Contraception

- Discuss different types of contraception available and how to access this.
- Access free condoms through the c-card scheme.
- Advice on where to find emergency contraception. *We do not provide emergency contraception.

If you are under 25 and registered for the c-card scheme, you can access free condoms here.



Sexuality and Identity

- Information on LGBT+ groups.
- Signposting to support services.



Sexual Health clinic in Hillingdon
Speak with a doctor/nurse

The Wakley Centre
Grange Road,
Hayes,
UB3 2RR



Young person sexual health drop-in
Mondays 4pm - 6pm

*STI screening and emergency contraception available here

For more information about our programmes or to get in touch with an advisor, please email:



shwb@hillington.gov.uk