**Year 7 onwards Checklist**

Visual Needs

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **The young person may need support for some of the following:** | Occasionally | Sometimes | Most of the time | What OAP strategies have been used? |
| Tilt his or her head and/or use his/her body in a different way to the other children to maximise vision |  |  |  |  |
| Bring eyes close to an object e.g. bring a book, or the object close to the eyes |  |  |  |  |
| Blink frequently |  |  |  |  |
| Touch, rub or cover eyes |  |  |  |  |
| Appear sensitive to light or glare |  |  |  |  |
| Have eye pain, headache, dizziness or nausea, especially after periods of looking closely at something |  |  |  |  |
| Have an inward movement towards the nose when looking at very near objects |  |  |  |  |
| Find it difficult to track the movement of something across the field of vision e.g. a ball rolling from left to right |  |  |  |  |
| Find scanning difficult e.g. visually searching for a person or object |  |  |  |  |
| Bump into things as they move around |  |  |  |  |
| Find it difficult to find his/her friends in a busy environment |  |  |  |  |
| **The child may need support for some of the following:** | | | | |
| Moving safely around the school |  |  |  |  |
| Following work on the Smart/Whiteboard |  |  |  |  |
| Drawing with age-appropriate accuracy |  |  |  |  |
| Developing reading and writing skills, in particular reading and writing all the letters in a word and words in a sentence |  |  |  |  |
| Interpreting pictures, maps, and diagrams |  |  |  |  |
| Following whole class introductions and discussions |  |  |  |  |
| To be confident in tackling new activities |  |  |  |  |
| Activities that require co-ordination and/or gross motor skills e.g. catching a ball |  |  |  |  |
| Sitting in a comfortable working position for different activities |  |  |  |  |
| Safely accessing activities that are potentially hazardous e.g. design and technology |  |  |  |  |
| Managing anxiety and/or frustration |  |  |  |  |
| Establishing and maintaining appropriate friendships |  |  |  |  |

If you’re concerned about a child/young person’s vision, discuss your concerns with the parents/carers who will need to speak to their doctor or health visitor about the child/young person seeing an ophthalmologist. An ophthalmologist should carry out a vision test / eye check to confirm whether the child/young person has a vision difficulty, and what the options are for managing it.