

What's happening in the news?



Let's have a look at the poster

Open Water



How can we enjoy water safely?

Let's look at the story



As the weather gets warmer, more people are spending time at beaches, rivers, lakes and other open-water locations. Drowning Prevention Week, which begins on 13th June, aims to raise awareness of water safety and help people recognise potential risks around water. Safety organisations are encouraging everyone to learn simple ways to stay safe so they can enjoy being in and around water responsibly.

Learn more about this story [here](#).

Watch the useful video [here](#).

Resource



Read through the information below about staying safe in water and the Water Safety Code.

What is the Water Safety Code?



Photos: Western Gateway Park, California



Stop and think – spot the dangers



Stay together



In an emergency:
Float



Call
999 or 112

Look at the photo...

What can you see?

What looks fun?

Do you think the people here are enjoying the water safely? How?

Can you spot anything that might need extra care or thought?

1. **Stop and Think** - Before going near water, take a moment to look for any dangers.
2. **Stay Together** - Always stay with adults when you're near water.
3. **Float** - If you fall into water, stay calm, float on your back and control your breathing.
4. **Call for Help** - If someone is in trouble, tell an adult or call 999.

Why do you think the Water Safety Code is so important?
Can you think of a way to help you remember the Code?

Reflection



Water can be a wonderful place to play, explore, exercise and relax. However, even places that look calm and safe can contain hidden risks, which is why understanding how to stay safe is so important.



Main question

How can we enjoy water safely?

 **Listen**  **Think**  **Share**

- Look at the poster image, what can you see? It shows the Great North Swim, an organised outdoor swimming event in Windermere in the Lake District.
- Do you like being near water? Where are some of the places you like to visit water or to swim? Do you enjoy going to the beach, swimming, paddling in the sea, visiting rivers, lakes or streams, or splashing in a pool during the summer?
- Water can be exciting, calming and fun. It helps people relax, play, exercise and spend time together. Though today we're going to be asking, how can we enjoy water safely?
- Share what you already know about water safety and why it is important.
- Read through the information found on the resource about staying safe in water and the Water Safety Code. Can you think of any times when this could be useful to remember? Talk about why rules are there and why they can help us.
- Watch the short video together which explains the Water Safety Code. Do you think that understanding risks helps us to enjoy things, rather than stopping us from doing them completely?

Reflection: Water can be a wonderful place to play, explore, exercise and relax. However, even places that look calm and safe can contain hidden risks, which is why understanding how to stay safe is so important.

Useful Weblinks

- > **News story:**
www.rlss.org.uk/appeal/drowning-prevention-week-2026
- > **Useful video:**
<https://vimeo.com/863949936>

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss