

SEXUAL BEHAVIOURS TRAFFIC LIGHT TOOL

Brook's Sexual Behaviours Traffic Light Tool is designed to support professionals working with children and young people. It helps them to identify, assess and respond appropriately to sexual behaviours.

Many expressions of sexual behaviour are part of healthy development and no cause for concern. However, when children or young people display sexual behaviour that increases their vulnerability or causes harm to someone else, adults have a responsibility to provide support and protection.

The tool uses a traffic light system of green, amber and red to:

- categorise sexual behaviours
- increase understanding of healthy sexual development
- distinguish this from harmful behaviour

Brook provides a UK-wide training programme for professionals to support the use of this resource.

Our Traffic Light Tool Training has been evaluated by The University of Worcester and has been shown to increase the confidence of staff in their ability to distinguish healthy and harmful sexual behaviour in children and young people and support staff in the protection of children and young people from harm or abuse.

This training is strongly recommended for all professionals working with young people including teachers, social workers, school nurses, youth and outreach workers, health care professionals, safeguarding leads.

With increased understanding and by working to the same criteria when making decisions, we can all help protect vulnerable young people.

More information about the Brook Traffic Light Tool can be found on [our website](#).

If you are interested in this training for yourself or for your organisation please [email us](#)

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