

A BRAND NEW INTERACTIVE VIDEO RESOURCE FOR SCHOOLS AND STUDENTS COMING OUT OF LOCKDOWN.

THE PROJECT:

A brand new, interactive video resource to help **reintroduce KS3 students back to school after lockdown**. The resource, developed in collaboration with mental health charities **Papyrus and Time To Change**, links with the **personal development aspects of the Ofsted framework**. The aim of the project will be to enable students to identify and build coping mechanisms in relation to key issues such as:

- The social and emotional impact of returning to school after lockdown, including preparation and planning new routines.
- The importance of maintaining physical and mental health (such as anxiety and stress) through exercise, diet and how to identify potential issues.
- Staying safe on-line, including bullying, managing social media and identifying 'fake' news sources.
- Developing positive and optimistic strategies for the future, post-coronavirus.
- Managing any social distancing measures within friendship groups and coping with peer pressure.

HOW IT WORKS:

Schools subscribing to 'What Next...?' will have access to this on-line resource from **September 2020**, that will contain **5 sessions** which can be delivered in a range of flexible ways; in a classroom setting, in form time or remote, outside of school. Each session will include:

- A short, engaging and thought-provoking film, following young characters exploring the issues in sometimes funny, sometimes dramatic ways.
- Discussion-based workshop plans to accompany each short film that encourage students to further explore the issues and develop strategies to combat potential problems.
- The option for a Riot Act appointed facilitator to deliver the session to groups of students via a live video link.

FOR MORE INFO:

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WHAT SCHOOLS SAY ABOUT US:

"The most impactful presentation I have seen; excellent session. Thought-provoking and well planned & executed."

"Amazing and the messages were very powerful. The whole year group were enthralled. Perfectly balanced with knowledge, humour and a strong safety message."

"Brilliant. Excellent and engaged all pupils immediately. The best drama group we ever had in!"

"So much respect for how much passion you guys show. Great to hear the message coming from an energetic & lively young company."

"Excellent. Students and staff loved the humour, music, energy and powerful message. This has improved the safety awareness of 315 young people, well done. Please can we have you back again next year."

"Outstanding and an overall success. Year 7's all identified the effects of peer pressure and anti-social behaviour. It was evident that they enjoyed the show as they have undergone a paradigm shifting experience."