#16-25Wellbeing

Hillingdon Young People Thrive

Webinar Series

Choose from...



anxiety

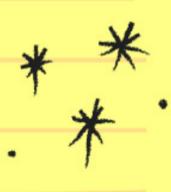
coping with loss

low mood

mental health awareness



PTSD



July - November 2020

