

The Advanced Designated Teacher Programme

In the context of the pandemic, Hillingdon Virtual School believes the need for attachment awareness and trauma-informed practice in our schools is even more important than ever before.

We are now seeing a significant and sharp increase in the number of children becoming Looked After, with more neglect and physical abuse than before and the impact of children living with domestic violence, isolation, poverty and poor mental health.

This is causing us to think carefully about the nature and level of support we offer our children and young people as they enter the care system.

We know that one of the key support mechanisms to our children and those on the edge of care is our schools. We know you are on the frontline in dealing with children with complex trauma and loss and yet you are unlikely to have received the training required in how to work most effectively with them.

We firmly believe that in delivering more in-depth training in neuroscience and attachment styles, as well as providing our school colleagues with a range of tools to work with children who have experienced complex trauma, we can fundamentally change the way our schools work with vulnerable children.

We know you are already instrumental in furthering the achievements and life chances of our LAC. Without your active support and influence within the education setting, it would not always be possible for our children to make academic progress. By investing in your role and enhancing your knowledge and skillset, we believe that our children will see even greater results and academic progress in the future.

- ≠ The **aim** of the programme is to provide participants with an in-depth knowledge of:
 - The neurobiology of a child's brain
 - The effects of trauma on the developing brain
 - Attachment styles and how they present in an educational context
- ≠ The **purpose** of the programme is to provide participants with the skills to:
 - More effectively work alongside children and young people who have suffered trauma and loss.
 - Support colleagues within their education setting to work with children and young people who have suffered trauma and loss.
 - Design and implement practical Development Plans for children and young people which promotes a 'team around the child' ethos between school, parents/carers and social care professionals.
 - Mitigate the risk of the impact of Adverse Childhood Experiences on a child in the educational context
- ≠ The **benefits** of the programme to you and your school:
 - Demonstrating your ongoing commitment to supporting vulnerable children
 - Further development of inclusive practice
 - Improvement in outcomes for vulnerable children
 - Ongoing membership of the ADT community, including opportunities to share good practice
 - Demonstrating both yours and your school's commitment to CPD
- ≠ The ADT programme will be delivered through a variety of means, including:
 - Video webinars (conducted via Zoom)
 - Online interactive learning modules
 - Face-to-face meetings (restrictions permitting)
- The ADT programme will allow a school or other educational setting to enrol their Designated Teacher and one other appropriate member of staff. Upon successful completion of the programme, the Designated Teacher will be known as an Advanced Designated Teacher and the additional member of staff will be known as an Advanced Designated Teacher Support (ADTS).
- The ADT programme will run for one calendar year. In order to successfully complete the programme, participants **must** attend a minimum of 80% of taught sessions and complete all online learning modules. **The first 4 taught sessions are also mandatory.** Online learning modules can be undertaken in participants' own time. Participants will also be expected to attend the Designated Teacher Forums regularly.
- Participants will be provided with a range of books and resources to support their learning.

- The ADT programme will be **free** to all participants. The only cost to a school or education setting relates to the potential staff cover required to release staff to participate.
- At the end of the programme, participants will be required to:
 - deliver at least one INSET or training session to their school or education setting based on their training
 - work with their senior leadership team to develop a trauma-informed behaviour policy
 - participate at a Designated Teacher Forum for HVS to promote the ADT programme

Details of the taught sessions

	<u>Session</u>	<u>Led by</u>
13th January 2021	Session 1: twilight introductory session	HVS
27th January 2021	Session 2: Trauma, behaviour as communication & the Parenting Patchwork	Dr Karen Treisman
3rd February 2021	Session 3: Brain development, triggers, emotional rejection & the power of language	Dr Karen Treisman
4-5th March 2021	Session 4: Binnie the Baboon (anxiety & stress)	Dr Karen Treisman
21st April 2021	Session 5: twilight session*	HVS
19th May 2021	Session 6: twilight session*	HVS
7-8th June 2021	Session 7: Gilly the Giraffe (self esteem)	Dr Karen Treisman
30th June 2021	Session 8: twilight session*	HVS
15th September 2021	Session 9: twilight session*	HVS
13th October 2021	Session 10: twilight session*	HVS
12th November 2021	Session 11: Presley the Pug (relaxation)	Dr Karen Treisman
15th December 2021	Session 12: closing, evaluations & legacy	HVS

*Twilight session content will need to be flexible and will be delivered on a need's basis. Content will include reflective practice, development of Behaviour Plans and case study discussions.

Enrolment form