

HEALTHY LIVES FOR YOUNG PEOPLE

Brook are offering free relationship and sex education sessions (assemblies and workshops) to young people in schools for 2021/2022 both virtually and face to face depending on circumstances.

Please email coordinator Lauren Chalkley to book – lauren.chalkley@brook.org.uk. Limited sessions available.

Topics for delivery:

- Consent and the law
- Healthy Relationships
- Online Safety
- Self-Esteem
- STI awareness
- Sexuality and Gender
- Introduction to Sexual Health Services

For more information about Brook, visit our website: www.brook.org.uk

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