

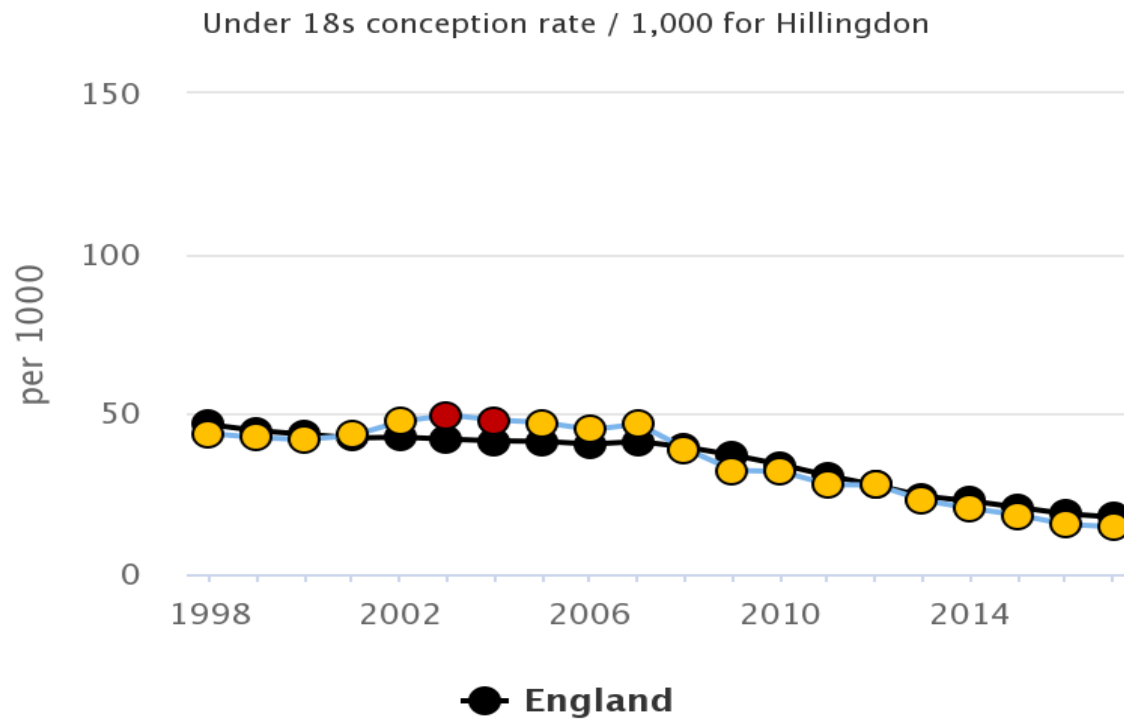
# DfE Relationships & Sex Education(RSE) 2020

Carol Lavender,  
Sexual Health Manager, Public Health



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# ONS Data 2018



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# Continued Reductions in Hillingdon Teenage Pregnancy Rates (*ONS 2019*)

There are many factors that could explain reductions in under-18 conceptions, including:

- Long term embedded programmes invested in by successive governments include: **sex and relationship education**, improved signposting and access to contraceptive and sexual health advice/information services
- A shift in aspirations of young women towards education
- The perception of stigma associated with being a teenage mother



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# Added Value to Schools & Secondary Headteachers

- A reminder of changes and the deadline for implementing the Relationship, Sex Education(RSE)Guidance
- “Advised” & “Mandatory” in the new RSE Policy Guidance
- Available Resources to support RSE in schools



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# Changes to Relationship, Sex Education 2019

- New legislation states that it is compulsory for all Secondary Schools to teach RSE
- Statutory Guidance from DfE 2019.
- Sets out “advised” and “mandatory” for schools



# Statutory Guidance DfE 2019

## Changes to Relationship, Sex Education 2019

- Parents **do not** have a right to withdraw their child from Relationship Education
- Parents **will be** able to withdraw their child from Sex Education but not the Sex Education that relates to the Science Curriculum
- A child has a right to opt in to Sex Education from their 15th birthday



# Statutory Guidance DfE 2019 “Advised” and “Mandatory”

## Advised

- The RSE Policy should define Relationships and Sex Education
- **The school should ensure the RSE policy meets the needs of pupils & parents and reflects the community they serve**
- RSE Policy should be published on the school website
- Confirm the date by which the RSE policy will be reviewed
- The RSE policy should reflect the views of teachers and pupils

## Mandatory

- Have a written policy for RSE
- **Schools must consult Parents in developing and reviewing their RSE Policy**
- **Have an up to date RSE Policy**
- RSE policy must be available to Parents & others
- RSE Policy must be free of charge for anyone who asks for a copy



# Statutory Guidance DfE 2019 “Advised” and “Mandatory” (cont.)

## Advised

- Schools should assess resources for age and maturity appropriateness being sensitive to their needs
- RSE teaching should reflect the Law as it applies to relationships
- Consider the make up/profile of your student body (protected characteristics)
- **Use resources to complement teaching in the classroom (see appendices)**

## Mandatory

- Schools must comply with the Equality Act 2010 regarding religion and beliefs
- **Schools must include examples of resources intended to be used in RSE when consulting with Parents**
- Schools must not unlawfully discriminate against pupils (protected characteristics)





# Statutory Guidance DfE 2019

## Physical & Mental Well Being: Secondary

- **Mental Well Being**
- **Internet Safety**
- Physical Health & Fitness
- Healthy eating
- Drugs, Alcohol & Tobacco
- **Health and Prevention**
- Basic First Aid
- **Changing Adolescent Body**



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## Resources to support RSE in schools (*free and some with costs attached*)

- Brook: *Prepping for RSE* (1/2day) free to all secondary schools (Oakwood & Guru Nanak)  
contact Lauren Chalkey 07760161237 (8-4pm)
- KISS & Clinic in a Box: Tues and Thurs 3.30-6pm
- Integrated Sexual Health services in the community and some Pharmacists  
<https://www.nwlondonsexualhealth.nhs.uk/index.php>
- SH24: Free online sexual health testing and advice-popular with under 25 years [www.sh24.org.uk](http://www.sh24.org.uk)
- Teenage Pregnancy Framework-RSE section



# Contact Details

Carol Lavender

Sexual Health Manager

01895 277927 or [clavender@Hillingdon.gov.uk](mailto:clavender@Hillingdon.gov.uk)

Public Health Team,

3E/02, Chief Executives Office,

Civic Centre, High Street,

Uxbridge, Middlesex.

UB8 1UW



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