

When and why to refer to the School Nurse.(persistent disruptive behavior Toolkit)

How the behavior may present in the child and young person

- Inability to concentrate, or engage with group/activities learning
- Child /YP is presenting as persistently tired
- Heightened anxiety and change in behaviour patterns
- Having frequent health related absence
- When the child has low level anxiety/low mood
- Support needed in transition to secondary school
- Concerns of being bullied /or bullying – difficulty maintaining friendships
- Low self-esteem

When to consider a discussion with the School Nurse

- If unresolved after discussing with parents
- When the pastoral support at school has not resolved the concerns
- Behaviour plan implemented by school and unsuccessful
- Once school has addressed bullying, if child needs further input
- Having frequent health related absence – pattern has been emerging
- When the child has low level anxiety/low mood
- School/Parent to give support on transition concerns and if required, school nurse

What might the school nurse offer following agreement with the parent:

- Health assessment with child and liaison with parent
- Work with parents around bedtime routines and ensure no health concerns
- 1:1 package of intervention such as self-esteem work, wellbeing work
- Signposting for child and school
- Interventions carried out by school nurse, and if required referral to other health services
- Liaison with Tier 2/3 mental health services to support child, parent and school