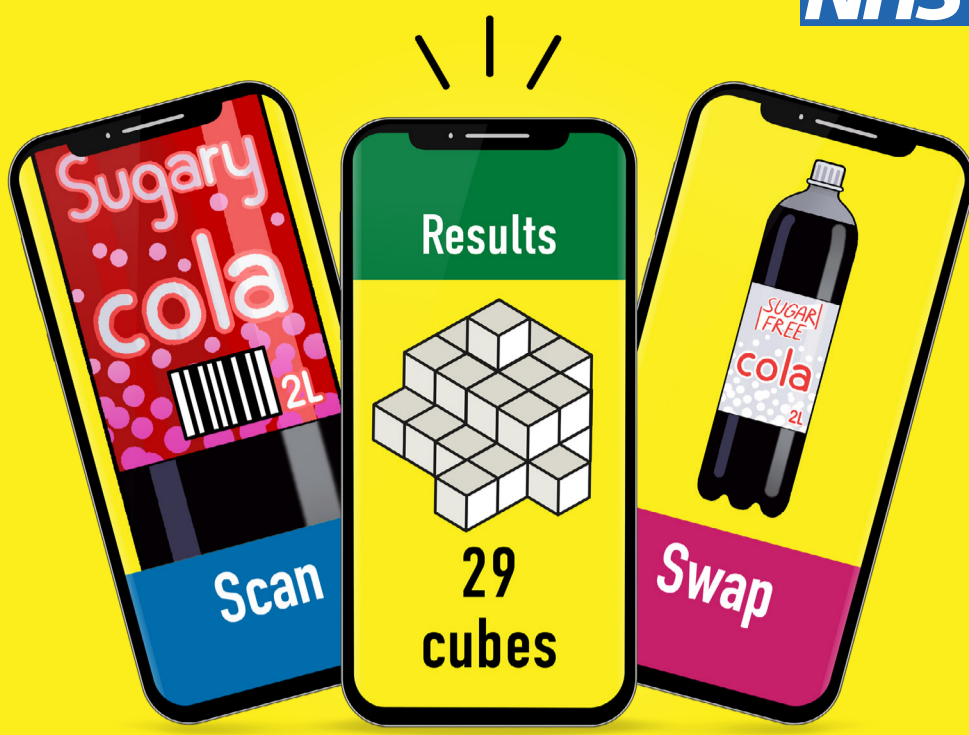


# Help pupils to make healthier choices



**Better Health** Let's do this

Want to inspire your pupils to make healthier choices?

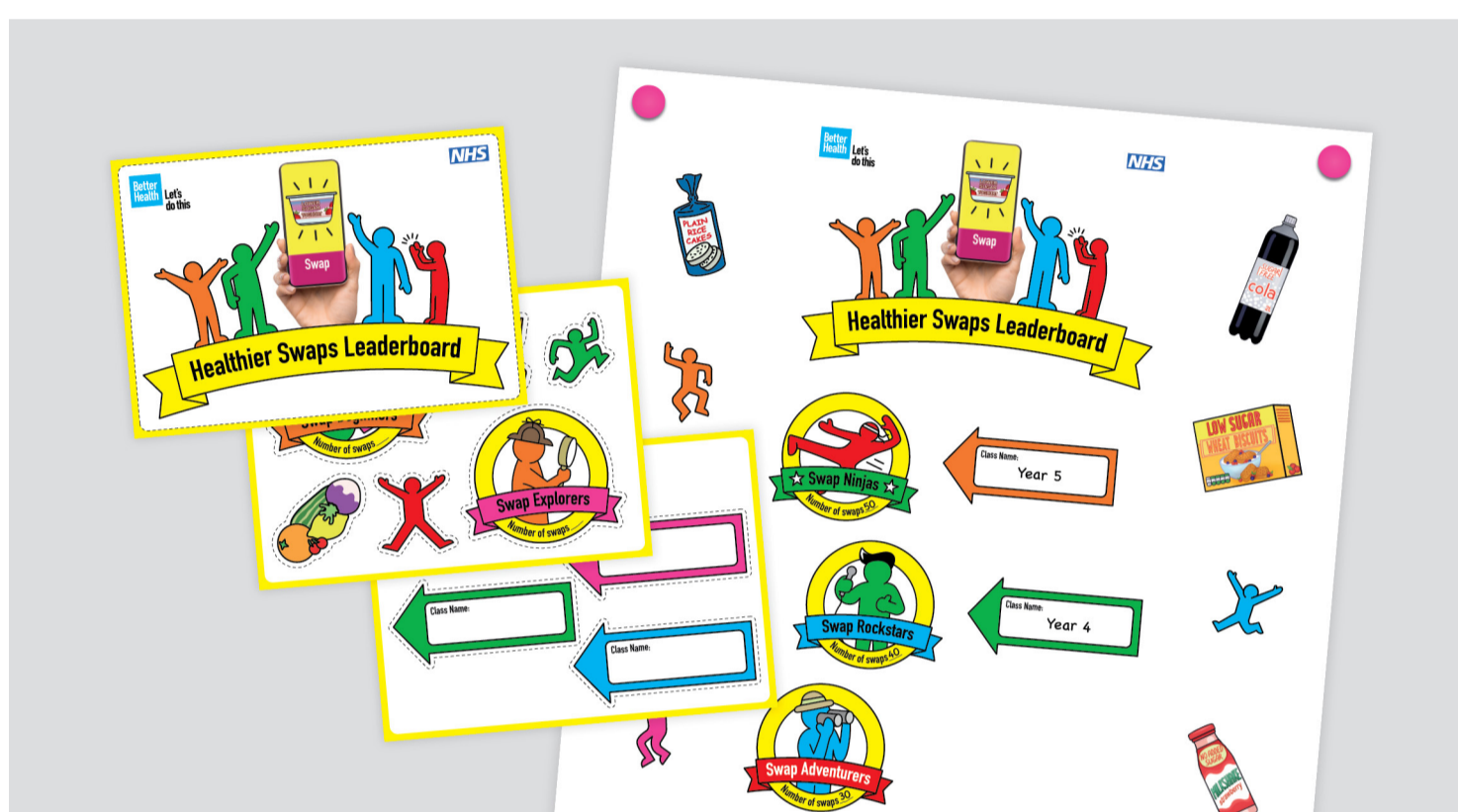
Featuring engaging AR technology, **The NHS Food Scanner app** can be used in the classroom to create a fun and interactive learning experience! Scanning barcodes will bring sugar, salt and saturated fat to life to help pupils visualise what's in their food.

Our new **Scan, Swipe, Swap activities toolkit** is also packed full of exciting health hacks and fun, bite-sized activities to help young people make healthier swaps.

Look out for a class set of take-home leaflets with your school fruit and veg delivery to inspire pupils and their families to make healthier swaps at home. **Order more here** and you'll also receive free classroom display assets and an Eatwell Guide poster. Want to go paperless? You can **access a digital leaflet** via the School Zone.

Alternatively, call: **0300 123 1002** or email: [foodscanner@prolog.co.uk](mailto:foodscanner@prolog.co.uk)

[Order more take-home leaflets](#)

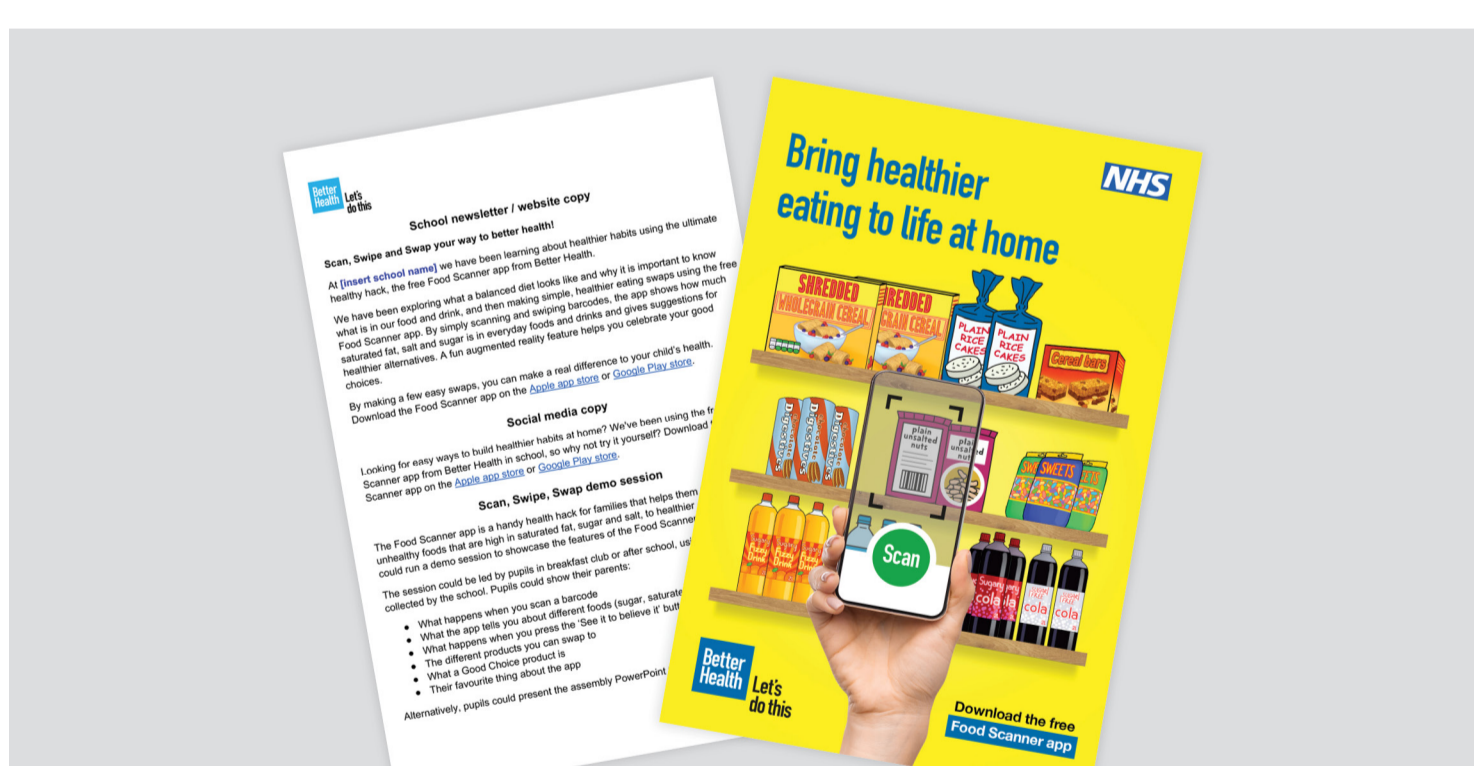


## Swap your way to the top!

Our cross-curricular healthier eating resources encourage children to explore what a balanced diet is and help them make simple, healthier swaps.

Why not sign up and download our **Leaderboard display assets** to see if your class can work together to swap their way to the top using the Food Scanner app! As they climb the leaderboard, they'll transform from 'Swap Beginners' all the way to 'Swap Ninjas'!

[Explore resources](#)



## Forward the fun onto families!

Looking for ways to inspire pupils beyond the classroom? Our **Sharing with families toolkit** includes ways to introduce the Food Scanner app to families and encourage them to make healthier swaps at home.

Containing an engaging video, editable templates for school newsletters and social channels, as well as top tips for engaging families - this toolkit has everything you need to forward the fun onto families and encourage them to Scan, Swipe, Swap their way to healthier habits!

[Download Families toolkit](#)

*"The resources are well prepared, interesting and engaging. I think the app is something that children and families will find interesting to use and has the potential to lead to some healthier changes in diet choices."*

**J Moorhouse, St Saviour CE Primary School**